

BACHELOR OF ARTS IN RELIGIOUS STUDIES, PRE-COUNSELING TRACKS

Pre-Counseling Tracks

The pre-counseling tracks in philosophy and in religious studies are designed to provide core knowledge and basic skills to philosophy and religious studies majors who are considering graduate work in counseling, mental health and other service-based professions. Courses are designed to promote:

- self-awareness
- effective decision-making skills
- development of positive character traits
- core knowledge of historical philosophical ideas and religious and cultural practices
- a deep understanding of rights and responsibilities in relationships across a wide range of contexts and settings

COURSE	TITLE	S.H.
General Education Requirements		
Core Competencies		12
ENGL 1550	Writing 1	
ENGL 1551	Writing 2	
CMST 1545	Communication Foundations	
Mathematics Requirement		
Arts and Humanities		6
Natural Sciences		6
Social Science		6
Social and Personal Awareness		6
General Education Elective / First-Year Experience		3
Major Requirements		
REL 2601	Introduction to World Religions	3
REL 2608	The Examined Life	3
History of Religion		
Select two of the following:		6
REL 3708	African-American Religion	
REL 3710	African and Neo-African Religion	
REL 3720	The World of Islam	
REL 3722	Popes Saints and Rebels	
REL 3726	Buddhist Beliefs Practices and Debate	
REL 3728	Hindu Traditions	
REL 3740	Muslim Thinkers and Mystics	
REL 3743	Reform, Revolt, or Revolution in Islam	
REL 3744	Islamic Culture and Literature	
Methodologies in the Study of Religion		
Select two of the following:		6
REL 3712	Philosophy of Religion	
REL 3750	Religion and Race	
REL 3751	Liberation Theologies and Revolutionary Change	
REL 3753	Religion and Violence	
REL 3754	Feminism, Ecology and Religion	
REL 3756	Psychology of Religion	
REL 4825	Methods and Study of Religion	
ANTH 4815	Anthropology of Religion	
Scriptural Studies		

Select one of the following:		3
REL 3731	Hebrew Scriptures	
REL 3732	Jesus and the Gospels	
REL 3733	Women And the Bible	
Religious Studies		
All of the following:		7
REL 4850	Seminar in Religious Studies	
REL 4869	Capstone Cooperative Seminar	
REL 4871	Senior Capstone Project	
Select remaining hours in Religious Studies. ¹		
Pre-Counseling Track		
General Education Requirements Prerequisites:		
COUN 1587	Introduction to Health and Wellness in Contemporary Society	3
PSYC 1560	General Psychology	3
Required Electives:		
PHIL 1561	Technology and Human Values	3
PSYC 3702	Abnormal Psychology	3
PSYC 3775	Personality	3
PSYC 4800	Introduction to Psychotherapy	3
COUN 2650	Foundations of Helping Skills for Allied Health Professionals	3
Minor		18
University Electives		14
Total Semester Hours		120

¹ It is assumed that the remaining hours will be selected in religious studies. In some cases, courses outside religious studies may be accepted as part of the religious studies major if they deepen the student's understanding of religion. All such courses must have the approval of the chair.

Course	Title	S.H.
Year 1		
Fall		
REL 2601	Introduction to World Religions	3
CMST 1545	Communication Foundations	3
ENGL 1550	Writing 1	3
Social Science 15XX/26XX		3
FNLG 1550	Elementary Foreign Language	4
Semester Hours		16
Spring		
REL 2608	The Examined Life	3
PSYC 1560	General Psychology	3
ENGL 1551	Writing 2	3
COUN 1587	Introduction to Health and Wellness in Contemporary Society	3
FNLG 2600	Intermediate Foreign Language	4
Semester Hours		16
Year 2		
Fall		
PHIL 2619	Introduction to Logic	3
or MATH 2623 or Quantitative Reasoning		
Natural Science 15XX/26XX		3
Social and Personal Awareness 15XX/26XX		3
PSYC 3702	Abnormal Psychology	3
Select one of the following:		3

REL 2621 or PHIL 2625	Religion and Moral Issues or Introduction to Professional Ethics	3
PHIL 3711 or PHIL 3725	General Ethics or Biomedical Ethics	3

Semester Hours 15

Spring

PHIL 1561	Technology and Human Values	3
REL 2605	Myth, Symbol, and Ritual	3
Natural Science plus lab 15XX/26XX		4
PSYC 3775	Personality	3
Select one of the following:		3
REL 3708	African-American Religion	3
REL 3720	The World of Islam	3
REL 3722	Popes Saints and Rebels	3
REL 3726	Buddhist Beliefs Practices and Debate	3
ANTH 4815	Anthropology of Religion	3

Semester Hours 16

Year 3**Fall**

PSYC 4800	Introduction to Psychotherapy	3
Elective 15XX/26XX		3
REL 4850	Seminar in Religious Studies	3
Elective 37XX		3
Select one of the following:		3
REL 3751	Liberation Theologies and Revolutionary Change	3
REL 3754	Feminism, Ecology and Religion	3
REL 3756	Psychology of Religion	3

Semester Hours 15

Spring

COUN 2650	Foundations of Helping Skills for Allied Health Professionals	3
Elective 15XX/26XX		3
Elective 37XX		3
Elective 37XX		3
Select one of the following:		3
REL 3708	African-American Religion	3
REL 3720	The World of Islam	3
REL 3722	Popes Saints and Rebels	3
REL 3726	Buddhist Beliefs Practices and Debate	3
ANTH 4815	Anthropology of Religion	3

Semester Hours 15

Year 4**Fall**

Elective 15XX/26XX		3
Elective 15XX/26XX		3
Elective 37XX		3
Elective 37XX		3
Elective 37XX		3

Semester Hours 15

Spring

REL 4871	Senior Capstone Project	3
REL 4869	Capstone Cooperative Seminar	1
Elective 15XX/26XX		3
Elective 37XX		3

Elective 37XX	3
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Semester Hours 13

Total Semester Hours 121

Learning Objectives

PRE-COUNSELING OBJECTIVES

- The student will competently analyze and critically evaluate his/her own beliefs and the beliefs and traditions of others.
- The student will master the basics of theoretical writing, including the development of precise definitions, effective analysis of texts, traditions, and theoretical positions, and effective development, defense, and critique of arguments.
- The student will exhibit knowledge of religious traditions and rituals, as well as cultural practices, beliefs, and values that guide behavior, decision-making, and social policy, and will demonstrate understanding of this diversity and skill in using this knowledge as a reference for understanding others.
- The student will exhibit a detailed understanding of personal yet timeless questions about spirituality, life after death, ethics, personal relationships, and well-being, and will competently use this knowledge to help others address similar questions and concerns.