

CHFM 3731 - Individual and Family Development

Fall 2026 Syllabus, Section 01, CRN 40871,

Credit hours: 3

Instructor

Patrick O'Leary

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Public Instructor Information

Instructor Title: Associate Professor

Instructor Professional Qualifications: PhD Child Development and Family Studies, Purdue University

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Course Description

3731. Individual and Family Development. The family ecosystems, dynamics, and roles throughout the life span, and the impact of heritage and culture on family systems worldwide. Prereq.: PSYC 1560, FNUT 1551. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Marriages and Families: Changes, Choices and Constraints		

ISBN-13: 9780135397954

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	none	Course Introduction	Student Introductions are due on 8/27 Matter Journal is due on 8/30
8/31	Chapter 1	The Changing Family	Chapter 1 quiz is due on 9/6
9/7	Chapter 2	Studying the Family	Chapter 2 quiz is due on 9/13 A Changing World is due on 9/13
9/14	Chapter 3	Family Differences: Past and Present	Chapter 3 is due on 9/20 Family Differences Discussion is due on 9/20
9/21	Chapter 4	The Economy and the Family	Chapter 4 Quiz is due on 9/27 The Economy and Human Development is due on 9/27
9/28	Chapter 6	Love and Loving Relationships	Chapter 6 Quiz is due on 10/4
10/5	Chapter 7	Sexuality Throughout Life	Chapter 7 Quiz is due on 10/11
10/12	Chapter 8	Dating and Mate Selection	Chapter 8 Quiz is due on 10/10
10/19	Chapter 9	Singlehood and Cohabitation	Chapter 9 Quiz is due on 10/25
10/26	Chapter 10	Marriages and Communication	Chapter 10 Quiz is due on 11/1 Marriage Discussion is due on 11/1
11/2	Chapter 11	Parenting Choices and Constraints	Chapter 11 Quiz is due on 11/8 Parenting Style Journal is due on 11/8

11/9	Chapter 12	Common Family Problems	Chapter 12 Quiz is due on 11/15 Final Paper details released
11/16	Chapter 13	Separation, Divorce, Remarriage	Chapter 13 Quiz
11/23	Chapter 14	Families in Later Life	Chapter 14 Quiz
11/30	None	Personal Trajectories	None
12/7	None	Course Wrap up	Final Paper is due on 12/10

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.