

COUN 6973 - Group Counseling Theory and Practice

Fall 2026 Syllabus, Section 01, CRN 42619,

Credit hours: 2

Instructor

Madeleine Stevens

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Public Instructor Information

Professor: Madeleine M. Stevens, Ph.D., LPCC-S, LPC, NCC

Assistant Professor / Counseling Program Assessment Coordinator

College Counseling/Student Affairs Program Coordinator

Department of Psychological Sciences and Counseling

Professional Qualifications:

Ph.D., Counselor Education and Supervision, Ohio University 2021

M.S.Ed., Counseling, Youngstown State University 2018

B.S., Journalism, Ohio University 2011

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Course Description

6973. Group Counseling Theory and Practice. Theories pertaining to group dynamics, process, interaction, consultation, and counselor intervention. For counseling majors or by permission of Department of Counseling. 2 s.h.

Theories pertaining to group dynamics, process, interaction, consultation, and counselor intervention. Course is taken concurrently with COUN 6973L.

Course Readings

Group	Title	Author	ISBN
Required	Groups: A counseling specialty. (9th ed.). Pearson. (2024).	Gladding, S. T.	978-0-13-537234-0

- **ASGW Web Page**

The Association for Specialists in Group Work, a division of the American Counseling Association, provides resources for practitioners in group work. <http://www.asgw.org/>

- **American Counseling Association Code of Ethics (2014)**
- **American School Counseling Association Code of Ethics**
- **ACPA and NASPA Ethical Guidelines**
- Other readings as assigned throughout the course.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Tentative Course Schedule (Subject to Change)

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24		Introductions to classmates, instructors, and course Pair students and assign dates for Group activity co-leadership experience COURSE SECTION I: Foundations of Group Work Brief History of Group Work (Gladding: Ch. 18)	
8/31		COURSE SECTION I: Foundations of Group Work Effective Group Leadership and Group Co-leadership; Ethical and Legal Aspects of Groupwork Reading Quizzes Begin Group Activity Co-Leadership Activities Begin CACREP 2024 Standards met: 3.F.4, 3.F.9	Group Activity Co-Leadership Activity – Dyad 1: CACREP Self-Ratings 1 due via Microsoft Forms; Beginning of Semester Needs Survey due by start of class time (see BB for links) Bi-weekly anonymous check-in survey (on BB via Microsoft Forms)
9/7	Gladding: Ch. 8 ASGW Multicultural and Social Justice Competence Principles for Group Workers (2012) ASGW Ten Strategies to Intentionally Use Group Work to Transform Hate, Facilitate Courageous Conversations, and Enhance Community Building (2018)	COURSE SECTION I: Foundations of Group Work Diversity and Social Justice in Groups CACREP 2024 Standards met: 3.F.8	Reading Quiz Dyad 2: Dyad 3:
9/14		COURSE SECTION I: Foundations of Group Work Application of Technology Related to Group Work CACREP 2024 Standards met: 3.F.6	Reading Quiz Dyad 4: Dyad 5: Bi-weekly anonymous check-in survey (on BB via Microsoft Forms) Group Observation Experience Proposal due to BB by start of class



9/21	Gladding: Chs. 1 & 2 ASGW Guiding Principles (2021)	COURSE SECTION I: Foundations of Group Work Types of Groups, Therapeutic Factors in Groups, & Group Dynamics and Process CACREP 2024 Standards met: 3.F.2, 3.F.3, 3.F.7	Reading Quiz Dyad 6: Dyad 7:
9/28	Gladding: Ch. 4 and Ch. 5 (Storming section only)	COURSE SECTION II: Group Stages and Tasks Forming & Storming CACREP 2024 Standards met: 3.F.5	Reading Quiz Dyad 8: Dyad 9: Bi-weekly anonymous check-in survey (on BB via Microsoft Forms)
10/5	Gladding: Ch. 5 (Norming section only) and Ch. 6	COURSE SECTION II: Group Stages and Tasks Norming & Working/Performing	Reading Quiz Dyad 10: Dyad 11: CACREP Self-Ratings 2 due via Microsoft Forms (see BB for link)
10/12	Gladding: Ch. 7	COURSE SECTION II: Group Stages and Tasks Closing/Adjourning & Group Evaluation Review Group Note Writing Last Reading Quiz	Reading Quiz Group Observation Experience Reflection due to BB Dyad 12: Dyad 13:
10/19		NO CLASS	
10/26	Gladding: Ch. 15	COURSE SECTION III: Overview of Group Counseling Theories and Techniques Reality Therapy and Adlerian Groups CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.3, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	Group Presentation and Demonstrations begin – all printed materials to be uploaded to BB by start of class (for the groups presenting) Group 1 (Reality): Group 2 (Adlerian): Bi-weekly anonymous check-in survey (on BB via Microsoft Forms)



11/2	Gladding: Ch. 15 & 16	COURSE SECTION III: Overview of Group Counseling Theories and Techniques Person-Centered and Existential Groups Group Presentations/Demonstrations CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.3, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	Group 3 (Person-Centered): Group 4 (Existential):
11/9	Gladding: Ch. 16 & 17	COURSE SECTION III: Overview of Group Counseling Theories and Techniques Gestalt and REBT Groups Group Presentations/Demonstrations CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.3, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	Group 7 (TA): Group 8 (Solution-Focused):
11/16	Gladding: Ch. 16 & 17	COURSE SECTION III: Overview of Group Counseling Theories and Techniques Transactional Analysis and Solution-Focused Groups Group Presentations/Demonstrations CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.3, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	Group 7 (TA): Group 8 (Solution-Focused):
11/23	Gladding: Ch. 17	COURSE SECTION III: Overview of Group Counseling Theories and Techniques Narrative Therapy and Psychodrama Groups Group Presentations/Demonstrations CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.3, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	Group 9 (Narrative): Group 10 (Psychodrama):

11/30	COURSE SECTION IV: Review and Wrap-up	Group Proposal and Theory Integration Poster Presentations– All students must bring their posters to class on this day ready to be displayed.
	MINI GROUPWORK CONFERENCE	
12/7	CACREP 2024 Standards met: 3.F.1, 3.F.2, 3.F.4, 3.F.5, 3.F.7, 3.F.8, 3.F.9	FIRST HALF OF CLASS Poster Presentation Group 1:
		SECOND HALF OF CLASS: Poster Presentation Group 2:
		CACREP Self-Ratings 3 due via Microsoft Forms (see BB for link
		Final Exam opens on BB at 8:00 p.m.
FINALS WEEK CLASS DOES NOT MEET!		

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