

COUN 6973L - Guided Group Counseling

Fall 2026 Syllabus, Section 02, CRN 43768,

Credit hours: 1

Instructor

Sonya Thompkins

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Public Instructor Information

Instructor Title: Ms. Sonya M. Thompkins

Instructor Professional Qualifications: M.S.Ed., Counseling (Youngstown State University, 2004), B.S.A.S., Merchandising (Youngstown State University, 1995)

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Course Description

6973L. Guided Group Counseling. Supervised experience in the use of interventions appropriate to stages of group development. Emphasis will be placed on promoting self-awareness, interpersonal skills, and group skills and techniques. Course is taken concurrently with COUN 6973. 1 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Groups: A counseling specialty. (9th ed.).	Gladding, S. T.	

Gladding, S. T. (2024). Groups: A counseling specialty. (9th ed.). Pearson.

ASGW Web Page

The Association for Specialists in Group Work, a division of the American Counseling Association, provides resources for practitioners in group work.
<http://www.asgw.org/>

American Counseling Association Code of Ethics (2014)

<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Tue	8/25	Introduction/ Arrange group schedule / Review syllabus and forms CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10		Journal 1 Due by Sunday
Tue	9/1	SC, CMH, HE Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10		Journal 2 Due by Sunday



Tue	9/8	Psychoeducational Groups Begin SC, CMH, HE Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 3 Due by Sunday
Tue	9/15	SC, CMH, HE Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 4 Due by Sunday
Tue	9/22	SC, CMH, HE Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 5 Due by Sunday
Tue	9/29	SC, CMH, HE Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 6 Due by Sunday
Tue	10/6	SC, CMH, HE Group (Co-leaders or Single leader) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 7 Due by Sunday
Tue	10/13	Personal Growth Groups Begin Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 8 Due by Sunday
Tue	10/20	No Lecture Class (No Lab class)	N/A
Tue	10/27	Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 9 Due by Sunday
Tue	11/3	Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 10 Due by Sunday
Tue	11/10	Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 11 Due by Sunday
Tue	11/17	Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 12 Due by Sunday
Tue	11/24	Personal Growth Group (Co-leaders) CACREP 2024 Standards met: 3.F.2, 3.F.4, 3.F.7, 3.F.10	Journal 13 Due by Sunday
Tue	12/1	No group meeting in lecture class. No journal due.	N/A
Tue	12/8	FINAL EXAM WEEK (Group Process Paper due)	Group process paper due by 12/8

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.