

COUN 7001 - Counseling Practicum 1

Fall 2026 Syllabus, Section 03, CRN 41313,

Credit hours: 3

Instructor

Jennifer Yensel

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Public Instructor Information

Instructor: Jen Yensel, PhD., LPCC-S

Principal Lecturer

Department of Psychological Sciences and Counseling

Instructor Educational Qualifications:

Ph.D. Counselor Education and Supervision, Kent State University, 2018

M.Ed. Community Counseling, Kent State University, 2006

B.S. Therapeutic Recreation, Kent State University, 2002

B.A. Psychology, Kent State University, 2002

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Mondays 4-5, Tuesdays 1-3, Fridays 9-3 virtual appointments

Course Description

7001. Counseling Practicum 1. Supervised individual counseling practice with volunteer clients. Focus upon process, clarification, and resolution of counselee goals and counselor self-awareness/evaluation. Students are required to attend a scheduled orientation in the Community Counseling Clinic prior to the first class. Prereq.: COUN 6900 and (COUN 6920, COUN 6961, or COUN 7026). 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Code of ethics and standards of practice	American Counseling Association.	
Required	reating those with mental disorders: A comprehensive approach to case conceptualization and treatment (2nd ed.). Pearson	Kress, V. E., & Paylo, M.	

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.



Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Tue	8/25	Read: Chapter 1 (Kress & Paylo)	Review syllabus; CCC Policies and Procedures Manual, Stages of counseling and tasks/techniques associated with each stage. REVIEW PROCEDURES FOR COMPLETING AN INTAKE INTERVIEW. ASSIGNMENTS: a) Thoroughly review notes from completed counseling courses (i.e., Professional Orientation, Theories, Assessment, Methods, Group, Multicultural, and Family Counseling), b) Review personal theory of counseling, identify assumptions/tenets and techniques associated with each theory and prepare to present this information next week, c) read ACA Code of Ethics/Standards of Practice and develop questions about standards that are unclear. The Foundations of Treatment Planning: A Primer	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15
Tue	9/1	Read: Chapter 2	Developing Comprehensive Treatment Plans	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Reflective Log #1 Due
Tue	9/8	Chapter 3	Safety-Related Clinical issues and Treatment Planning	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Instructor/Self Skill Evaluation #1
Tue	9/15	Chapter 4	Depressive, Bipolar, and Related Disorders Case Conceptualization	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals
Tue	9/22	Chapters 5 & 6	Anxiety Disorders Obsessive-Compulsive and Related Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Reflective Log #2 Due
Tue	9/29	Chapter 7	Trauma- and Stressor-Related Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Instructor/Self Skill Evaluation#2
Tue	10/6	Chapter 8	Substance-Related and Addictive Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals
Tue	10/13	Chapter 9	Personality Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals
Tue	10/20	Chapter 10	Schizophrenia Spectrum and Other Psychotic Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Instructor/Self Skill Evaluation #3

Tue	10/27	Chapter 11	Feeding and Eating Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals
Tue	11/3	Chapter 12	Disruptive, Impulse-Control, and Conduct Disorder, and Elimination Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Reflective Log #4 Due
Tue	11/10	Chapter 13	Neurodevelopmental and Neurocognitive Disorders	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Weekly goals & Instructor/Self Skill Evaluation #4
Tue	11/17	Chapters 14 & 15	Dissociative Disorders and Somatic Symptom and Related Disorders Sleep-Wake Disorders, Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Case Study paper due
Tue	11/24	No Class		
Tue	12/1		Final day of seeing clients	3.E.10 3.E.12 3.E.13 3.E.14 3.E.16 3.E.17 3.E.18 3.E.19 3.G.15 Instructor/Self Skill Evaluation #5 Reflective Log #5 Due
Tue	12/8		Finals week/Last day of class	Final Evaluations/All paperwork completed

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