

COUN 7002 - Clinical Mental Health Counseling Practicum 2

Fall 2026 Syllabus, Section 01, CRN 40905,

Credit hours: 3

Instructor

Victoria Kress

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Public Instructor Information

Victoria Kress Ph.D./LPCC-S, NCC, CCMHC

Distinguished Professor / Community Counseling Clinic Director / Clinical Mental Health & Addiction Counseling Program Coordinator, Department of Psychological Sciences and Counseling, Youngstown State University

Professional Qualifications: University of Akron- Counselor Education and Supervision - Ph.D. (1999), Community Counseling MAEd (1995) Baldwin Wallace University – Psychology /Sociology – BA (1993)

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Course Description

7002. Clinical Mental Health Counseling Practicum 2. Supervised individual and group counseling practices in settings appropriate to student's programs. Requires field placement of 150 hours. Prereq.: COUN 7001, no PR grades, successful completion of counseling program comprehensive exam, and permission of program area internship coordinator. Special approval required. 3 s.h.

Course Readings

Group	Title	Author	ISBN
	see below		

Course Readings

Kress, V. E., & Paylo, M. J. (2026). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment* (3rd ed.). Pearson.

Additional Course Materials

Borders, L. D. (1991). A systematic approach to peer group supervision. *Journal of Counseling & Development*, 70(1), 22-28.

<https://www.psychotherapy.net/>

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24		@ysu class room• Introductions; descriptions of internship sites; introduction to the group supervision process; review of syllabus/requirements; review of safety precautions for internship site. • Roles and settings of clinical mental health counselors • Mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling service networks. • Ethical Issues (2024 CACREP Standards - 3.A.10.) • Group Supervision / Case Discussions	Proof of Liability Insurance Proof of CT License
8/31	Kress & Paylo (2025) Chapter 3	• Safety-Related Clinical Issues and Treatment Planning • Wellness / Self-Care. Sharing Ideas for Self-Care Project • Group Supervision / Case Discussions	Informal Case Discussions/Group Supervision
9/7	• Group Supervision / Case Discussions	• Safety-Related Clinical Issues and Treatment Planning • Wellness / Self-Care. Sharing Ideas for Self-Care Project • Group Supervision / Case Discussions	Informal Case Discussions/Group Supervision
9/14		• Online Learning Module (Video) – Therapeutic Relationship Module)	Psychotherapy.net DQ #1
9/21		• Online Learning Module (Video) – Clinical Interviewing	Psychotherapy.net DQ #2
9/28		• Online Learning Module (Video) – Mental Status Exam	Psychotherapy.net DQ #3
10/5		• Group Supervision / Case Discussions	Formal Case Presentations: Cailin; Lea
10/12		• Group Supervision / Case Discussions	Formal Case Presentations: Sarah, Belle
10/19		• Group Supervision / Case Discussions	Formal Case Presentations: Rachel; Anna; Kenzie Midterm Evaluation Due
10/26		• Webex meeting with course instructor, student, and site supervisor to discuss activities at site and goals. Scheduled during this week at a time of convenience for student and site supervisor.	
11/2		• Group Supervision / Case Discussions	Formal Case Presentations: Collen; Jawna
11/9		• Online Learning Module (Video) – What Works in Counseling	Psychotherapy.net DQ #4
11/16		• Online Learning Module (Video) – Legal & Ethical Issues	Psychotherapy.net DQ #5
11/23		Online Learning Module (Video)	Psychotherapy.net DQ #6
11/30		Group Supervision / Case Discussions	Formal Case Presentations: Tia; Lesa All paper work due in SLL today Self-Care Assignment Due
12/7		Finals Week – No Final. Follow-up with students as needed regarding all requirements	

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.