

COUN 7010 - Clinical Mental Health Counseling Internship Seminar

Fall 2026 Syllabus, Section 01, CRN 41332,

Credit hours: 3

Instructor

Victoria Kress

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Public Instructor Information

Instructor Title: Victoria Kress Ph.D.

Distinguished Professor / Community Counseling Clinic Director / Clinical Mental Health & Addiction Counseling Program Coordinator, Department of Psychological Sciences and Counseling, Youngstown State University

Instructor Professional Qualifications: LPCC-S, NCC, CCMHC

Instructor Office Location: Community Counseling Clinic, Beeghly Hall

Instructor Office Phone: 330-941-3259

Professional Qualifications:

University of Akron- Counselor Education and Supervision - Ph.D. (1999),

Community Counseling MAEd (1995)

Baldwin Wallace University – Psychology /Sociology – BA (1993)

Course Description

7010. Clinical Mental Health Counseling Internship Seminar. Supervised internship in approved community agencies offering counseling and other mental health services. May be repeated. For counseling majors. Prereq.: COUN 7002. Coreq.: COUN 7020. 3 s.h.

Course Readings

Group	Title	Author	ISBN
	See Below		

<https://www.psychotherapy.net/>

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Proposed Topic	Due/To Prepare for Class
Wed	8/26	• Introductions; descriptions of internship sites; introduction to the group supervision process; review of syllabus/requirements; review of safety precautions for internship site. • Principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning (2024 CACREP Standards – 5.C.1; 5.C.4; 3.E.3.) • Strategies for interfacing with the legal system regarding court-referred clients; and integrated behavioral health care professionals. • Group supervision / Case Discussions (2024 CACREP Standards – 3.A.10, 3.B.1, 3.C.1.; 3.D.1.; 3.E.1.; 3.E.2, 3.F.1, 3.G.2, 3.H.2)	Proof of Liability Insurance Proof of CT Status

Wed	9/2	• Group Supervision / Case Discussions Advocacy: Strategies to advocate for persons with mental Health issues; Legislation and government policy relevant to clinical mental health counseling. (2024 CACREP Standards - 3.B.1.; 5.C.3.)	Formal Case Presentations: Danielle; Rick
Wed	9/9	• Group Supervision / Case Discussions	Formal Case Presentations: Amy; Stephanie
Wed	9/16	• Online Learning Module (Video)	Psychotherapy.net DQ #1
Wed	9/23	• Online Learning Module (Video) • Getting the Most out of Supervision - Dr. Kress & YSU Alumni (Video) https://www.youtube.com/watch?v=QhGJXMzrLg8&t=555s	Psychotherapy.net DQ #2
Wed	9/30	• Online Learning Module (Video)	Psychotherapy.net DQ #3
Wed	10/7	• Group Supervision / Case Discussions	Formal Case Presentations: Madison; Alli
Wed	10/14	• Group Supervision / Case Discussions	Formal Case Presentations: Madison
Wed	10/21	• Group Supervision / Case Discussions	Formal Case Presentations: Michelle; Sierra
Wed	10/28	TF-CBT Training (if applicable)	
Wed	11/4	• Recording review with University Supervisor	
Wed	11/11	• Online Learning Module (Video)	Psychotherapy.net DQ #4
Wed	11/18	• Online Learning Module (Video)	Psychotherapy.net DQ #5
Wed	11/25	• Online Learning Module (Video)	Psychotherapy.net DQ #6
Wed	12/2	• Group Supervision / Case Discussions • Present 1 creative activity	ALL paperwork approved by your site supervisor is due to SLL by class start. Weekly Hours Logs, Semester Summary Log, Site Supervisor Evaluation of Intern, Site Supervisor Session Eval, COUN 7020 Session Eval 1st semester 7010 *TF-CBT certificate 2nd semester 7010 *Evaluation of Internship Site *Reflection on 8 CACREP areas (SLL) Case Study Paper (SLL) Advocacy Letters Due
Wed	12/9	Finals Week – No Final. Follow-up with students as needed regarding all requirements	

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.