COUN 7018 - Diagnosis and Treatment of Children and Adolescents

Fall 2026 Syllabus, Section 01, CRN 41385,

Credit hours: 3

Instructor

Jennifer Yensel

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Public Instructor Information

Instructor: **Jen Yensel, PhD., LPCC-S**

Principal Lecturer

Department of Psychological Sciences and Counseling

Instructor Educational Qualifications:

Ph.D. Counselor Education and Supervision, Kent State University, 2018

M.Ed. Community Counseling, Kent State University, 2006

B.S. Therapeutic Recreation, Kent State University, 2002

B.A. Psychology, Kent State University, 2002

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Course Description

7018. Diagnosis and Treatment of Children and Adolescents. Overview of Diagnostic and Statistical Manual of Mental Disorders, fifth edition, text revision (DSM-V-TR) with an emphasis placed on the development of diagnostics skills for the major mental disorders commonly encountered in social service, educational, and community counseling agencies. The course will additionally focus on the development of diagnostic skills and treatment strategies for working with children and adolescents. 3 s.h.
Welcome to Coun 7018- Diagnosis and Treatment of Children and Adolescents! This semester, in our learning community, we are going to dig into the DSM5TR and you will feel comfortable and confident in navigating the DSM5TR to formulate a sound diagnosis and thus a treatment plan for the youth that you will be serving either in a school or a clinical setting.

Course Readings

Group	Title	Author	ISBN
Required	Diagnostic and statistic manual of mental disorders (5th ed, text revision)	American Psychiatric Association	
Required	Counseling children and adolescents, 2nd edition	Kress, Paylo & Stargell	

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Tue	8/25	Chapters 1, 9	Introductions, review of syllabus, using DSM	5.H.1. 5.H.4 5.H.11 5.C.1 5.C.4
Tue	9/1	Chapter 2	Presentation topics, practical diagnosis and treatment planning considerations, use of common medications, interviewing children & adolescents	5.H.2 5.H.3 5.H.5 5.C.2 5.C.3
Tue	9/8	DSM-Neurodevelopmental and Neurocognitive disorders Chapter 13	Neurodevelopmental disorders, neurocognitive disorders	3.H.2 5.H.15 5.H.16 5.C.5 5.C.8
Tue	9/15	DSM-Schizophrenia/Psychotic Disorders	Childhood Schizophrenia/psychotic disorders Treatment/interventions	5.C.5 5.C.6 5.C.7
Tue	9/22	DSM-Depressive and Bipolar related disorders Chapter 18	Mood disorders in children Treatment/interventions	5.H.12 5.H.13 5.H.19 5.C.5
Tue	9/29	DSM-Obsessive compulsive disorder and related disorders; Anxiety Disorders Chapter 17	Childhood OCD and Anxiety Disorders Impact on siblings and peers Treatment/interventions	3.H.2 5.H.6 5.H.7 5.H.8
Tue	10/6	DSM-Trauma and Stressor related disorders Chapter 15	Trauma and stress related disorders Treatment/interventions	5.H.9 5.H.10 5.H.14 Poster presentations during class time
Tue	10/13			Midterm exam
Tue	10/20	DSM-Feeding and eating disorders, Elimination disorders, Gender Dysphoria Chapter 19	Feeding and eating disorders, elimination disorders, gender dysphoria Treatment/interventions	5.C.7 5.C.8 5.C.9
Tue	10/27	DSM-Disruptive, Impulse control and conduct disorders Chapter 14	Disruptive, impulsve control and conduct disorders Treatment/interventions	3.H.2 5.H.17 5.H.18
Tue	11/3	Wiggle room/Catch up day/review of materials		
Tue	11/10	DSM-Substance-Related and Addictive disorders Chapter 16	Substance related and addictive disorders, signs and symptoms in children, adolescents and family Treatment/interventions	3.H.2 5.C.5
Tue	11/17	DSM-Personality Disorders	Personality disorders/diagnostic overview for teens	Presentations 3.H.2 5.C.5 5.C.6 5.C.7
Tue	11/24	No Class		
Tue	12/1			Presentations Papers due on Blackboard and upload to SL&L
Tue	12/8			Final during class time

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.