

COUN 7031 - Clinical Psychopathology and Treatment

Fall 2026 Syllabus, Section 01, CRN 40907,

Credit hours: 3

Instructor

Christine Andujar

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Public Instructor Information

Instructor Title: Christine Andujar, LPCC-S

Instructor Professional Qualifications:

Master of Education, Clinical Mental Health Counseling, Youngstown State University (2018)

Bachelor of Arts, Psychology, Kent State University (2015)

Associate of Arts, Kent State University (2013)

Instructor Office Location: **Beeghly Hall RM 4101 - By appointment via zoom. Professor is available before class from 7:30pm-8pm.**

Instructor Office Phone: **330-941-3257**

Course Description

7031. Clinical Psychopathology and Treatment. Counseling theories of abnormal behavior and mental disorders throughout the total life cycle. Specific personality theories and examinations of empirically-derived treatments will be included. Prereq.: COUN 6962. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required			

Required Texts:

Kress, V. E., & Paylo, M. J. (2026). *Treating those with mental disorders: A comprehensive approach to case conceptualization and treatment* (3rd ed.). Pearson.

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed. - TR). Author.

*References for required articles are listed in the course schedule

Additional Resources:

American Counseling Association website – <http://www.counseling.org>

Professional Journals and Publications: *Journal of Counseling and Development*, *Journal of Multicultural Counseling and Development*, *Journal of Mental Health Counseling*, and *Counseling Today*

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Thu	8/27	Ch. 1- Introduction: Developing Effective Treatment Plans	Course Overview/Syllabus Review/Personal Introductions Interactive Lecture	



Thu	9/3	Ch. 1 &2-The Foundations of Treatment Planning: Culture, Ethics, Managed Care Developing Comprehensive Treatment Plans	Interactive Lecture	
Thu	9/10	Ch. 3- Safety-Related Clinical Issues and Treatment Planning	Interactive lecture	
Thu	9/17	Ch.4- Depressive, Bipolar and Related Disorders	Interactive Lecture	DUE- My View of Clients and Treatment Paper
Thu	9/24	Ch. 6-Anxiety Disorders, Obsessive-Compulsive and Related Disorders	Interactive Lecture	
Thu	10/1	Online- Midterm		MIDTERM EXAM - online
Thu	10/8	Ch.7- Trauma- and Stressor-Related Disorders	Interactive Lecture	
Thu	10/15	Ch.8- Substance-Related and Addictive Disorders	Interactive Lecture	
Thu	10/22	Ch.9 - Personality Disorders	Interactive Lecture	
Thu	10/29	Ch. 10- Schizophrenia Spectrum and Other Psychotic Disorders	Interactive Lecture	
Thu	11/5	Ch. 11 &12- Feeding and Eating Disorders Disruptive, Impulse-Control, and Conduct Disorders, and Elimination Disorders / Creative Intervention Presentations	Interactive Lecture	
Thu	11/12	Ch. 13- Neurodevelopmental and Neurocognitive Disorders Creative Intervention Presentations	Interactive Lecture	DUE: Group Presentations: Creative Intervention
Thu	11/19	Creative Intervention Presentations-Catch-Up Week Ch. 14 &15- Dissociative Disorders and Somatic Symptoms and Related Disorders Sleep-Wake Disorders, Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria	Interactive Lecture	DUE: Group Presentations: Creative Intervention
Thu	11/26	NO CLASS- THANKSGIVING		
Thu	12/3	No class		DUE: Case Project/Treatment Plan on Blackboard and SL&L
Thu	12/10	No class/ Final online		FINAL EXAM- online

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.