

HEPE 2624 - Physical Education for Children in Early Childhood Settings

Fall 2026 Syllabus, Section 02, CRN 41864,

Credit hours: 3

Instructor

Mary LaVine

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Public Instructor Information

Instructor Title: Professor

Instructor Professional Qualifications:

Ph.D. Kent State University, 1998. Educational Administration.

M.S. University of Illinois at Chicago, 1990. Athletic Administration.

B.A. North Central College, 1978. Physical Education and Health.

B.A. North Central College, 1978. Recreation.

Instructor Office Location: Beeghly Hall 2321

Instructor Office Phone:

Course Description

2624. Physical Education for Children in Early Childhood Settings. Principles, methods, materials, and organization of activities for preschool-grade 3 children. Active participation, approximately 15-20 hours field work in area preschools/schools. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Elementary Classroom Teachers as Movement Educators	Kovar, S, Combs, C., Campbell, K, Napper-Owens, G, & Worrell, V.	

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24		• Introduction Statement Post – Respond to 1 classmates post (due 8/28 by 11:59pm) (2pts) • Complete Locomotor Quiz (due 8/28 by 11:59pm) (1pt)	8/28
8/31	• Read Chapter 1: What is Physical Education?	• Review Ch 1 power point • Make discussion post and 2 responses about Chapter 1 (due 9/5 by 11:59pm) (3pts)	9/5
9/7	• Read Chapter 2: Motor Development and Motor Learning for Children	• Review Ch 2 power point • Make discussion post and 2 responses about Chapter 2 (due 9/11 by 11:59pm) (3pts)	9/11
9/14	• Read Chapter 3: Movement Components and Skills Development	• Review Ch 3 power point • Make discussion post and 2 responses about Chapter 3 (due 9/18 by 11:59pm) (4pts) • Lab 2 (due 9/18 by 11:59pm) (10pts)	9/18



9/21	• Read Chapter 8: Curriculum Integration in the Classroom	• Review Ch 8 power point • Make discussion post and 2 responses about Chapter 8 (due 9/25 by 11:59pm) (4pts) • Lab 3 (due 9/25 by 11:59pm) (10pts)	9/25
9/28		Begin work on Critical Task - Lab 1	
10/5	• Read Chapter 4: Exercise Concepts and Fitness Education	• Review Ch 4 power point • Make discussion post and 2 responses about Chapter 4 (due 10/9 by 11:59pm) (3pts) • Lab 4 (due 10/9 by 11:59pm) (10pts)	10/9
10/12	• Read Chapter 5: Planning for Children with Diverse and Special Needs • Read Chapter 7: Managing and Teaching the Physical Education Lesson	• Make discussion post on either chapter and make 2 responses on either chapter (due 10/16 by 11:59pm) (4pts) • Lab 5: Elementary P.E. observation video reflection (due 10/16 by 11:59pm) (5pts) • Lab 6 (due 10/16 by 11:59pm) (25pts)	10/16
10/19	• Read Chapter 9: Motivating Children to Be Physically Active • Read Chapter 12: Recess as Quality Movement Time	• Review Ch 9 power point • Make discussion post and 2 responses about Chapter 9 (due 10/23 by 11:59pm) (3pts) • Lab 7 (due 10/23 by 11:59pm) (30pts) • Review Ch 12 power point • Make discussion post and 2 responses about Chapter 12 (due 10/23 by 11:59pm) (3pts) • Lab 8 (due 10/23 by 11:59pm) (20pts)	10/23
10/26	• Read Chapter 6: Physical Education Curriculum	• Review Ch 6 power point • Make discussion post and 2 responses about Chapter 6 (due 10/30 by 11:59pm) (3pts)	10/30
11/2		• Lab 1 (due 11/6 by 11:59pm) (110pts)	11/6
11/9	• Read Chapter 10: Sociological Aspects of Children Moving	• Review Ch 10 power point • Make discussion post and 2 responses about Chapter 10 (due 11/13 by 11:59pm) (4pts) • Lab 9 (due 11/13 by 11:59pm) (20pts)	11/13
11/16	• Read Chapter 11: Creating a Physically Safe Movement Environment	• Review Ch 11 power point • Make discussion post and 2 responses about Chapter 11 (due 11/20 by 11:59pm) (3pts) • Lab 10 (due 11/20 by 11:59pm) (70 pts)	11/20
11/23		• Reflection (due 11/27 by 11:59pm) (5pts)	11/27
11/30		• Study for Final Exam -open sessions for questions	
12/7		Final Exam	

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.