

KSS 1503 - Flight: 1st Year Student-Athlete Experience

Fall 2026 Syllabus, Section 02, CRN 42655,

Credit hours: 2

Instructor

Taylor Blandine

Email: trblandine@ysu.edu

Public Instructor Information

Instructor Title: Sr. Athletic Academic Coordinator

Instructor Professional Qualifications: M.S.Ed.

Instructor Office Location: Stambaugh Stadium, Academic Center

Instructor Office Phone: 330-941-3610

Course Description

1503. Flight: 1st Year Student-Athlete Experience. An introduction to the student-athlete development model through development research, NCAA programming, and practical application to prepare student-athletes for life after athletics as they develop the necessary skills to be engaged citizens and prepared professionals. 2 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Course Materials		

Technology – Please bring laptops to every class!

To successfully complete this course, you will need access to a computer with internet and Microsoft Office Suite (available free). I will be utilizing Blackboard regularly for this course. It is free to use with your YSU login here. Please let me know the first day of class if you do not have the appropriate access to technology and/or anticipate having trouble navigating Blackboard. We will work together to make sure technology is not a barrier to your success in this course.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Tue	10/20		Syllabus	Bring Laptop
Thu	10/22		Knowledge Check / Campus Resources	Bring Laptop - In Class Assignment
Tue	10/27		Nutrition / Sports Med	Bring Laptop
Thu	10/29		Compliance / Strength	Bring Laptop
Tue	11/3		Knowledge Check / Wellness	Bring Laptop - In Class Assignment
Thu	11/5		Knowledge Check / Goals	Bring Laptop - In Class Assignment
Tue	11/10		Knowledge Check / Time Management	Bring Laptop - In Class Assignment
Thu	11/12		Knowledge Check / What is Expected	Bring Laptop - In Class Assignment
Tue	11/17		Knowledge Check / Education Planning	Bring Laptop - In Class Assignment
Thu	11/19		Knowledge Check / Mindset	Bring Laptop - In Class Assignment
Tue	11/24		Knowledge Check / Academic Policies	Bring Laptop - In Class Assignment
Thu	11/26		No Class- Thanksgiving	

Tue	12/1	Knowledge Check / Financial Lit	Bring Laptop - In Class Assignment
Thu	12/3	Final Exam!	Bring pen or pencil

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.