

MAT 6948 - Clinical Practice 4

Fall 2026 Syllabus, Section 01, CRN 42532,

Credit hours: 2

Instructor

Jennifer Lesko, MHHS, AT

Professional Qualifications:
Masters of Health and Human Services
Certified and Licensed Athletic Trainer

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Public Instructor Information

Instructor Title: Assistant Athletic Director & Part-time Instructor
Instructor Professional Qualifications: MHHS
Instructor Office Location: Beeghly Center Room 104
Instructor Office Phone: 234-855-5015

Course Description

6948. Clinical Practice 4. This course will provide students an integrative experience focused on hands on clinical practice. Skills and knowledge learned in the Year 1 Spring and Year 2 Summer courses will be applied during clinical experiences and through simulated opportunities. Prereq.: Successful completion of Summer 2 Courses. 2 s.h.

Course Readings

Group	Title	Author	ISBN
	Evaluation of Orthopedic and Athletic Injuries	Starkey, C., Brown, S, Ryan, J.	
	Therapeutic Exercise for Musculoskeletal Injuries	Houglum, P	
	Therapeutic Modalities for Musculoskeletal Injuries	Saliba E, Saliba SF	

Course Materials

Starkey, C., Brown, S, Ryan, J. *Evaluation of Orthopedic and Athletic Injuries*, 4th Edition, F.A. Davis

Houglum, P. *Therapeutic Exercise for Musculoskeletal Injuries*. 4th Edition, Human Kinetics, 2016 Denegar CR,

Saliba E, Saliba SF. *Therapeutic Modalities for Musculoskeletal injuries*. 4th Edition, Human Kinetics, 2016.

AT U Evidence Based Athletic Training Guide

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Proposed Topic	Due/To Prepare for Class
Mon	8/24	Syllabus/Intro/Therapeutic Intervention Progression and Skills Review	Clinical Orientation/Goal Sheet/EAP form due on Typhon by 5 PM
Mon	8/31	Concussion Evaluation, Intervention, Return Reivew	
Mon	9/7	No Class- Labor Day	

Mon	9/14	Cervical Spine Palpation and Evaluation Review	NATA 5 Domains Goal Sheet
Mon	9/21	Cervical Spine Therapeutic Intervention and Progression Review	Evaluations due on Typhon and Clinical Skills completed
Mon	9/28	Shoulder Palpation and Evaluation Review	
Mon	10/5	Shoulder Therapeutic Intervention and Progression Review	
Mon	10/12	Escape Room: Concussion, Cervical Spine, Shoulder	
Mon	10/19	Review Day	
Mon	10/26	Thoracic Spine Palpation, Evaluation, Therapeutic Intervention and Progression Review	Grand Round
Mon	11/2	Elbow Palpation, Evaluation, Therapeutic Intervention and Progression Review	Evaluations due on Typhon and Clinical Skills completed, Grand Round
Mon	11/9	Lumbar Spine Spine Palpation and Evaluation Review	Grand Round
Mon	11/16	Lumbar Spine Therapeutic Intervention and Progression Review	Grand Round
Mon	11/23	Escape Room: Thoracic Spine and Lumbar Spine	
Mon	11/30	Wrist and Hand Palpation, Evaluation, Therapeutic Intervention and Progression Review	Clinical Skills Sheets, Typhon Evaluations and Clinical Hours due Friday

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.