

NURS 2698 - Health Assessment

Fall 2026 Syllabus, Section 02, CRN 43636,

Credit hours: 3

Instructor

Laura Calcagni, DNP, RN, CNE

Professional Qualifications:

DNP, Nursing Educational Leadership, Case Western Reserve University (2022)

MSN, Nursing Education, Youngstown State University (2013)

BSN, Nursing, Youngstown State University (1999)

Certification, Nurse Educator, National League for Nursing (2013- Present)

Associate Professor

Email: lrcalcagni@ysu.edu

Office: Cushwa Hall 3106 (in the 3102 office suite)

Office Phone: 330-941-3294

Additional Contact Methods:

Quicker response times with email communication compared to the Blackboard messaging center.

Preferred Contact Method: Email

Communication Expectations:

Check email daily and respond within 24-48 hours during the business week (Monday-Friday).

How to Refer to me:

Dr. Calcagni (she, her, hers)

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Course Description

2698. Health Assessment. This course provides the framework for preparing students to perform comprehensive health assessments on patients across the lifespan. Emphasis is placed on taking a thorough nursing history, performing physiological, psychological, sociological, cultural, health risks and spiritual assessments. Laboratory experiences provide an opportunity to practice assessment skills, communication techniques and documentation. Three hours lecture and three hours lab experience. Prereq.: Admission to the Entry-level BSN program. Coreq.: NURS 2698L. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	ATI 2023 HealthAssess 3.0	Assessment Technologies Institute [ATI]	





Required

ATI 2023 Skills Modules 4.0

Assessment Technologies Institute
[ATI]

Required ATI resources are included in your course fees.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Tentative Course Schedule

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	CLASSROOM - WEEK 1: ° ATI Health Assess: Module 1: Introduction to Health Assessment ° ATI Health Assess: Module 2: General Survey LAB: ° ATI Skills Modules 4.0 Videos: Assessment: Comprehensive Physical Assessment of an Adult: General Survey - Level of Consciousness Lab Videos: ATI Skills Modules 4.0: Vital Signs (assigned videos listed below) ° Blood Pressure (2-step method) ° Korotkoff Sounds ° Heart Rate (radial) ° Respiratory Rate ° Temperature (Oral, Axillary, Temporal & Tympanic)	° Course Introduction & Syllabus Review ° Introduction to ATI ° Lab Introduction & Expectations ° Vital Signs & Measurement ° General Survey ° Physical Assessment Techniques ° Nursing Process Steps ° Communication techniques ° Subjective & Objective findings ° Documentation of findings	Bring computers to lab each week. IN-LAB PRACTICE: ° General Survey, Vital Signs & Assessment Techniques DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 1: Introduction to Health Assessment ° ATI Health Assess: Module 2: General Survey
8/31	CLASSROOM - WEEK 2: ° ATI Health Assess: Module 2: General Survey LAB: ° ATI Skills Modules 4.0 Videos: Vital Signs (2-step BP) ° ATI Skills Modules 4.0: Vital Signs: Virtual Application	° General Survey ° Vital Signs & Measurement ° Nursing Process Steps ° Communication techniques ° Subjective & Objective findings ° Documentation of findings	IN-CLASS ASSIGNMENT: ° Virtual Application: Amirah Hill: General Survey IN-LAB PRACTICE: ° General Survey, Vital Signs & Assessment Techniques DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 3: Health History
9/7	CLASSROOM - WEEK 3: ° ATI Health Assess: Module 3: Health History ° Intro to Cultural Group Presentation Assignment LAB: ° Good vs. Bad Interview Videos (student recordings in BB) ° Review Health History Documentation Form	° Interviewing Techniques & Individual Considerations ° Health History ° Current Health ° Family History (siblings, parents, grandparents) ° Functional Assessment ° Documentation of findings	IN-CLASS ASSIGNMENT: ° Virtual Application: Amirah Hill: Health History IN-LAB PRACTICE: ° Health History Interviews ° Vital Signs DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 4: Skin



9/14	CLASSROOM - WEEK 4: ° ATI Health Assess: Module 4: Skin ° Exam 1 (Monday): ATI Modules 1-3 LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Skin Examination – Review content & Step by Step video - Skin Assessment: Adult ° Health Promotion Education: Skin ° Vital Sign Testing	° Skin Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Skin	IN-CLASS ASSIGNMENT: ° Virtual Application: Jeremy Reilly: Skin IN-LAB PRACTICE: ° Inspection & Palpation of Skin, Hair & Nails ° Vital Sign Testing DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 5: Head, Neck & Neurological ° Health History Due in Lab BB
9/21	CLASSROOM - WEEK 5: ° ATI Health Assess: Module 5: Head, Neck & Neurological LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult: Review content & Step by Step videos (see list below) ° ATI Video: Head & Neck Assessment: Adult ° ATI Video: Eye Assessment: Adult ° ATI Video: Ear, Nose, Throat Assessment: Adult ° Blackboard Video: Visual Acuity Test with Snellen Eye Chart Exam ° Health Promotion Education: Health Screenings	° Head, Neck & Neuro Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Health Screenings	IN-CLASS ASSIGNMENT: ° Virtual Application: Deion Barnes: Head, Neck & Neuro IN-LAB PRACTICE: ° Inspection & Palpation Head, Face & Neck, Eyes, Ears, Nose & Mouth Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 6: Respiratory
9/28	CLASSROOM - WEEK 6: ° Exam 2 (Monday): ATI Modules 4-5 ° ATI Health Assess: Module 6: Respiratory LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Respiratory Examination – Review content & Step by Step video (see below) ° ATI Video: Respiratory Assessment: Adult ° Health Promotion Education: Tobacco use, screenings, immunizations	° Respiratory Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Tobacco use, screenings, immunizations	IN-CLASS ASSIGNMENT: ° Virtual Application: Lea Seko: Respiratory IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of thorax, lungs for Respiratory assessment. DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 7: Cardiovascular
10/5	CLASSROOM - WEEK 7: ° ATI Health Assess: Module 7: Cardiovascular LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult: Cardiovascular Examination – Review content & Step by Step video (see below) ° ATI Video: Cardiovascular Assessment: Adult ° Health Promotion Education: Screenings & dietary/lifestyle changes	° Cardiovascular Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Screenings & dietary/lifestyle changes	IN-CLASS ASSIGNMENT: ° Virtual Application: Doris Anderson: Cardiovascular IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of precordium and thorax for Cardiovascular assessment. DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 8: Abdomen



10/12	CLASSROOM - WEEK 8: ° Exam 3 (Monday): Comprehensive Midterm (ATI Modules 1-7) ° ATI Health Assess: Module 8: Abdomen LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Abdominal Examination – Review content & Step by Step video (see below) ° ATI Video: Abdomen Assessment: Adult ° Health Promotion Education: Testing, diet, exercise	° Abdominal Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testing, diet, exercise	IN-CLASS ASSIGNMENT: ° Virtual Application: Tamika Shaw: Abdomen IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of Abdomen DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 9: Musculoskeletal & Neurological
10/19	CLASSROOM - WEEK 9: ° ATI Health Assess: Module 9: Musculoskeletal & Neurological LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Musculoskeletal & Neurological Examination – Review content & Step by Step videos (see below) ° ATI Video: Musculoskeletal Assessment: Adult ° ATI Video: Neurological Assessment: Adult ° Health Promotion Education: Injury prevention, ergonomics, exercise, Calcium & Vit. D	° Musculoskeletal & Neurological Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Injury prevention, ergonomics, exercise, Calcium & Vit. D	IN-CLASS ASSIGNMENT: ° Virtual Application: Ryan Martinez: Musculoskeletal & Neuro IN-LAB PRACTICE: ° Inspection/Palpation of Musculoskeletal & Neuro systems DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 10: Head-to-Toe
10/26	CLASSROOM - WEEK 10: ° Exam 4 (Monday): ATI Modules 8-9 ° ATI Health Assess: Module 10: Head-to-Toe LAB: Putting it all together: Head-to-Toe Assessment Blackboard Video: Head-to-Toe Assessment	° Head-To-Toe Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings	IN-CLASS ASSIGNMENT: ° Virtual Clinical Experience Simulation: Head-to-Toe Challenge IN-LAB PRACTICE: ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 11: Breast & Lymphatics ° Cultural Group Project & Peer Evaluations Due
11/2	CLASSROOM - WEEK 11: ° ATI Health Assess: Module 11: Breast & Lymphatics ° ATI Critical Thinking Exam (Monday) LAB: ° Simulation Scenarios ° Review & Demonstration with lab manikins: Breast & Lymphatic assessment ° Health Promotion Education: Testing & Breast self-exam	° Breast & Lymphatic tissue Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testing & Breast self-exam	IN-CLASS ASSIGNMENT: ° Patient Education Group Work IN-LAB PRACTICE: ° Inspection/Palpation of Breast & Lymphatic tissue on lab manikins ° Head-to-Toe Assessment ° Lab Simulations DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 12: Rectum & Genitourinary



11/9	CLASSROOM - WEEK 12: YSU CLOSED Wed. 11/11/26 ° Exam 5 (Monday): ATI Modules 10-11 ° ATI Health Assess: Module 12: Rectum & Genitourinary LAB: ° Review & Demonstration with lab manikins: Testicular examination ° Health Promotion Education: Testicular self-exam, STI prevention & screening, vaccines, routine examinations	° Rectal & Genitourinary Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testicular self-exam, STI prevention & screening, vaccines, routine examinations	IN-LAB PRACTICE: ° Inspection & Palpation of testicular tissue on lab manikins ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 13: Older Adult
11/16	CLASSROOM - WEEK 13: ° ATI Health Assess: Module 13: Older Adult ° ATI Health Assessment Proctored Practice Exam (Monday) LAB: ° Head-to-Toe Assessment Practice	° Assessment considerations for the older adult: Expected findings, Expected variations & Unexpected findings ° Older adult abuse issues ° Documentation of findings ° Health Promotion Education: Home safety, nutritional assessment	IN-CLASS ASSIGNMENT: ° Virtual Application: Claudia Pacheco: Older Adult IN-LAB PRACTICE: ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM:
11/23	CLASSROOM - WEEK 14: YSU CLOSED: Wed 11/25 - Fri 11/27 ° Transcultural Presentations: Students are expected to attend all presentations. LAB: ° Head-to-Toe Assessment Practice	° Cultural variations in health practices	IN-LAB PRACTICE: ° Head-to-Toe Assessment
11/30	CLASSROOM - WEEK 15: ° Transcultural Presentations: Students are expected to attend all presentations. LAB: ° Head-to-Toe Assessment Testing by appointment	° Cultural variations in health practices	IN-LAB PRACTICE: ° Head-to-Toe Assessment Testing by appointment
12/7	CLASSROOM - WEEK 16: ° Exam 6 (Monday): Comprehensive Final (ATI Modules 1-13 & Cultural Content) LAB: No Lab Week 16		

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.