NURS 2698L - Health Assessment Laboratory

Fall 2026 Syllabus, Section 06, CRN 43645,

Credit hours: 1

Instructor

Marsha Lapolla

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Public Instructor Information

Instructor Title: Lab Instructor

Professional Qualifications:

Masters Health and Human Services, Youngstown State University (2003)

Bachelors In Nursing, Penn State (1997)

Nursing Diploma Trumbull Hospital (1981)

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Course Description

2698L. Health Assessment Laboratory. Laboratory Experience taken with NURS 2698 Health Assessment. 3 hours lab per week. Prereq.: Admission to the Entry-Level BSN Program. Coreq.: NURS 2698. 1 s.h.

Course Readings

Group	Title	Author	ISBN
Required	ATI 2023 HealthAssess 3.0	Assessment Technologies Institute [ATI]	
Required	ATI 2023 Skills Modules 4.0	Assessment Technologies Institute [ATI]	

Required ATI resources are included in your course fees.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Tentative Course Schedule

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	CLASSROOM - WEEK 1: ° ATI Health Assess: Module 1: Introduction to Health Assessment ° ATI Health Assess: Module 2: General Survey LAB: ° ATI Skills Modules 4.0 Videos: Assessment: Comprehensive Physical Assessment of an Adult: General Survey - Level of Consciousness Lab Videos: ATI Skills Modules 4.0: Vital Signs (assigned videos listed below) ° Blood Pressure (2-step method) ° Korotkoff Sounds ° Heart Rate (radial) ° Respiratory Rate ° Temperature (Oral, Axillary, Temporal & Tympanic) CLASSROOM - WEEK 2: ° ATI Health Assess: Module 2: General Survey LAB: ° ATI Skills Modules 4.0 Videos: Vital Signs (2-step BP) ° ATI Skills Modules 4.0: Vital Signs: Virtual Application	° Course Introduction & Syllabus Review ° Introduction to ATI ° Lab Introduction & Expectations ° Vital Signs & Measurement ° General Survey ° Physical Assessment Techniques ° Nursing Process Steps ° Communication techniques ° Subjective & Objective findings ° Documentation of findings ° General Survey ° Vital Signs & Measurement ° Nursing Process Steps ° Communication techniques ° Subjective & Objective findings ° Documentation of findings	Bring computers to lab each week. IN-LAB PRACTICE: ° General Survey, Vital Signs & Assessment Techniques DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 1: Introduction to Health Assessment ° ATI Health Assess: Module 2: General Survey IN-CLASS ASSIGNMENT: ° Virtual Application: Amirah Hill: General Survey IN-LAB PRACTICE: ° General Survey, Vital Signs & Assessment Techniques DUE SUNDAY BY 11:59 PM: °ATI Health Assess: Module 3: Health History
8/31	CLASSROOM - WEEK 3: ° ATI Health Assess: Module 3: Health History ° Intro to Cultural Group Presentation Assignment LAB: °Good vs. Bad Interview Videos (student recordings in BB) ° Review Health History Documentation Form	° Interviewing Techniques & Individual Considerations ° Health History ° Current Health ° Family History (siblings, parents, grandparents) ° Functional Assessment ° Documentation of findings	IN-CLASS ASSIGNMENT: ° Virtual Application: Amirah Hill: Health History IN-LAB PRACTICE: ° Health History Interviews ° Vital Signs DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 4: Skin
9/7	CLASSROOM - WEEK 4: ° ATI Health Assess: Module 4: Skin ° Exam 1 (Monday): ATI Modules 1-3 LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Skin Examination – Review content & Step by Step video - Skin Assessment: Adult ° Health Promotion Education: Skin ° Vital Sign Testing	° Skin Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Skin	IN-CLASS ASSIGNMENT: ° Virtual Application: Jeremy Reilly: Skin IN-LAB PRACTICE: ° Inspection & Palpation of Skin, Hair & Nails ° Vital Sign Testing DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 5: Head, Neck & Neurological ° Health History Due in Lab BB

9/14	CLASSROOM - WEEK 5: ° ATI Health Assess: Module 5: Head, Neck & Neurological LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult: Review content & Step by Step videos (see list below) ° ATI Video: Head & Neck Assessment: Adult ° ATI Video: Eye Assessment: Adult ° ATI Video: Ear, Nose, Throat Assessment: Adult ° Blackboard Video: Visual Acuity Test with Snellen Eye Chart Exam ° Health Promotion Education: Health Screenings	° Head, Neck & Neuro Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Health Screenings	IN-CLASS ASSIGNMENT: ° Virtual Application: Deion Barnes: Head, Neck & Neuro IN-LAB PRACTICE: ° Inspection & Palpation Head, Face & Neck, Eyes, Ears, Nose & Mouth Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 6: Respiratory
9/21	CLASSROOM - WEEK 6: ° Exam 2 (Monday): ATI Modules 4-5 ° ATI Health Assess: Module 6: Respiratory LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Respiratory Examination – Review content & Step by Step video (see below) ° ATI Video: Respiratory Assessment: Adult ° Health Promotion Education: Tobacco use, screenings, immunizations	° Respiratory Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Tobacco use, screenings, immunizations	IN-CLASS ASSIGNMENT: ° Virtual Application: Lea Seko: Respiratory IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of thorax, lungs for Respiratory assessment. DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 7: Cardiovascular
9/28	CLASSROOM - WEEK 7: ° ATI Health Assess: Module 7: Cardiovascular LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult: Cardiovascular Examination – Review content & Step by Step video (see below) ° ATI Video: Cardiovascular Assessment: Adult ° Health Promotion Education: Screenings & dietary/lifestyle changes	° Cardiovascular Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Screenings & dietary/lifestyle changes	IN-CLASS ASSIGNMENT: ° Virtual Application: Doris Anderson: Cardiovascular IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of precordium and thorax for Cardiovascular assessment. DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 8: Abdomen
10/5	CLASSROOM - WEEK 8: ° Exam 3 (Monday): Comprehensive Midterm (ATI Modules 1-7) ° ATI Health Assess: Module 8: Abdomen LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Abdominal Examination – Review content & Step by Step video (see below) ° ATI Video: Abdomen Assessment: Adult ° Health Promotion Education: Testing, diet, exercise	° Abdominal Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testing, diet, exercise	IN-CLASS ASSIGNMENT: ° Virtual Application: Tamika Shaw: Abdomen IN-LAB PRACTICE: ° Inspection, Palpation, Percussion & Auscultation of Abdomen DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 9: Musculoskeletal & Neurological

10/12	CLASSROOM - WEEK 9: ° ATI Health Assess: Module 9: Musculoskeletal & Neurological LAB: ATI Skills Modules 4.0 Assessment Module: Topic: Comprehensive Physical Assessment of an Adult Musculoskeletal & Neurological Examination – Review content & Step by Step videos (see below) ° ATI Video: Musculoskeletal Assessment: Adult ° ATI Video: Neurological Assessment: Adult ° Health Promotion Education: Injury prevention, ergonomics, exercise, Calcium & Vit. D	° Musculoskeletal & Neurological Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Injury prevention, ergonomics, exercise, Calcium & Vit. D	IN-CLASS ASSIGNMENT: ° Virtual Application: Ryan Martinez: Musculoskeletal & Neuro IN-LAB PRACTICE: ° Inspection/Palpation of Musculoskeletal & Neuro systems DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 10: Head-to-Toe
10/19	CLASSROOM - WEEK 10: ° Exam 4 (Monday): ATI Modules 8-9 ° ATI Health Assess: Module 10: Head-to-Toe LAB: Putting it all together: Head-to-Toe Assessment Blackboard Video: Head-to-Toe Assessment	° Head-To-Toe Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings	IN-CLASS ASSIGNMENT: ° Virtual Clinical Experience Simulation: Head-to-Toe Challenge IN-LAB PRACTICE: ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 11: Breast & Lymphatics ° Cultural Group Project & Peer Evaluations Due
10/26	CLASSROOM - WEEK 11: ° ATI Health Assess: Module 11: Breast & Lymphatics ° ATI Critical Thinking Exam (Monday) LAB: ° Simulation Scenarios ° Review & Demonstration with lab manikins: Breast & Lymphatic assessment ° Health Promotion Education: Testing & Breast self-exam	° Breast & Lymphatic tissue Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testing & Breast self-exam	IN-CLASS ASSIGNMENT: ° Patient Education Group Work IN-LAB PRACTICE: ° Inspection/Palpation of Breast & Lymphatic tissue on lab manikins ° Head-to-Toe Assessment ° Lab Simulations DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 12: Rectum & Genitourinary
11/2	CLASSROOM - WEEK 12: YSU CLOSED Wed. 11/11/26 ° Exam 5 (Monday): ATI Modules 10-11 ° ATI Health Assess: Module 12: Rectum & Genitourinary LAB: ° Review & Demonstration with lab manikins: Testicular examination ° Health Promotion Education: Testicular self-exam, STI prevention & screening, vaccines, routine examinations	° Rectal & Genitourinary Assessment: Expected findings, Expected variations & Unexpected findings ° Documentation of findings ° Health Promotion Education: Testicular self-exam, STI prevention & screening, vaccines, routine examinations	IN-LAB PRACTICE: ° Inspection & Palpation of testicular tissue on lab manikins ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM: ° ATI Health Assess: Module 13: Older Adult
11/9	CLASSROOM - WEEK 13: ° ATI Health Assess: Module 13: Older Adult ° ATI Health Assessment Proctored Practice Exam (Monday) LAB: ° Head-to-Toe Assessment Practice	° Assessment considerations for the older adult: Expected findings, Expected variations & Unexpected findings ° Older adult abuse issues ° Documentation of findings ° Health Promotion Education: Home safety, nutritional assessment	IN-CLASS ASSIGNMENT: ° Virtual Application: Claudia Pacheco: Older Adult IN-LAB PRACTICE: ° Head-to-Toe Assessment DUE SUNDAY BY 11:59 PM:

11/16	CLASSROOM - WEEK 14: YSU CLOSED: Wed 11/25 - Fri 11/27 ° Transcultural Presentations: Students are expected to attend all presentations. LAB: ° Head-to-Toe Assessment Practice	° Cultural variations in health practices	IN-LAB PRACTICE: ° Head-to-Toe Assessment
11/23	CLASSROOM - WEEK 15: ° Transcultural Presentations: Students are expected to attend all presentations. LAB: ° Head-to-Toe Assessment Testing by appointment	° Cultural variations in health practices	IN-LAB PRACTICE: ° Head-to-Toe Assessment Testing by appointment
11/30	CLASSROOM - WEEK 16: ° Exam 6 (Monday): Comprehensive Final (ATI Modules 1-13 & Cultural Content) LAB: No Lab Week 16		

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