NURS 4842L - Mental Health Nursing Laboratory

Fall 2026 Syllabus, Section 05, CRN 40724,

Credit hours: 0

Instructor

Phyllis Jean Defiore-Golden

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Public Instructor Information

Instructor Title: Mrs. Phyllis DeFiore-Golden, MSN- RN-BC
Instructor Professional Qualifications:

MSN, University of Akron, 1986

BSN, Kent State University, 1983

Diploma in Nursing, St. Elizabeth Hospital School of Nursing, 1972

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Course Description

4842L. Mental Health Nursing Laboratory. Mental Health Nursing Laboratory. 0 s.h.

Course Readings

Group	Title	Author	ISBN
Required	ATI Engage RN Mental Health Modules	ATI	

Will also use ATI RN Mental Health Nursing Edition 12.0 EBOOK in ATI resources

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	ATI MODULE-Foundational Concepts of Mental Health Nursing RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 1 Basic Mental Health Nursing Concepts ATI MODULE-Client and Mental Health Team Member Safety: Legal & Ethical Considerations RN Mental Health Nursing Edition 12.0 EBOOK/Legal and Ethical Issues	Foundational Concepts of Mental Health Nursing Client and Mental Health Team Member Safety: Legal & Ethical Considerations	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Foundational Concepts of Mental Health Nursing-Module completion ATI MODULE-Foundational Concepts of Mental Health Nursing-Post-Module test ATI MODULE-Client and Mental Health Team Member Safety: Legal & Ethical Considerations-Module completion ATI MODULE-Client and Mental Health Team Member Safety: Legal & Ethical Considerations-Post-Module test Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm.
8/31	ATI Module-Mood Disorders and Suicide RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 13 Depressive Disorders Chapter 22 Meds for Depressive Disorders Chapter 14 Bipolar Disorders Chapter 23 Meds for Bipolar Disorders Chapter 30 Suicide	University Closed September 7th-no class Mood Disorders and Suicide	ATI Module-Mood Disorders and Suicide-Module completion ATI Module-Mood Disorders and Suicide-Post-Module Test Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm.
9/7	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 16 Personality Disorders ATI Module-Mood Disorders and Suicide ATI Module-Personality Disorders		Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Personality Disorders-Module completion ATI MODULE-Personality Disorders-Post Module test

9/14	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 20 Somatic Symptom and Related Disorders ATI MODULE-Somatic Symptom and Dissociative Disorders	Somatic Symptom and Dissociative Disorders (will be on second exam) Exam 1 September 23rd at 8 am	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Somatic Symptom and Dissociative Disorders-Module completion ATI MODULE-Somatic Symptom and Dissociative Disorders -Post Module test EXAM 1 IN CLASS SEPTEMBER 23, 2026
9/21	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 6 Diverse Treatment Settings RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 27 Care of Clients who are Grieving RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 19 Eating Disorders	Continuum of treatment, Grief and Eating Disorders	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Continuum of Treatment-Module Completion ATI MODULE-Continuum of Treatment-Post Module test ATI MODULE-Grief and Loss-Module Completion ATI MODULE-Grief and Loss-Post Module test ATI MODULE-Eating Disorders-Module completion ATI MODULE-Eating Disorders-Post Module test
9/28	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 4 Stress and Defense Mechanisms RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 9 Stress Management ATI MODULE-Physiological and Psychological Responses to Stress ATI MODULE-Nursing Process (Assessment)	Physiological and Psychological Responses to Stress and Assessment	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Physiological and Psychological Responses to Stress-Module completion ATI MODULE-Physiological and Psychological Responses to Stress-Post Module test ATI MODULE-Nursing Process (Assessment)-Module completion ATI MODULE-Nursing Process (Assessment)-Post Module test
10/5	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 7 Psychoanalysis, Psychotherapy and Behavioral Therapies Chapter 8 group and Family Therapy Chapter 10 Brain Stimulation Therapies ATI MODULE-Mental Health Theories & Therapies	Finish Assessment and Mental Health Theories and Therapies	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Mental Health Theories & Therapies-Module completion ATI MODULE-Mental Health Theories & Therapies-Post Module test

10/12	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 3 Effective communication Chapter 5 Creating and Maintaining a Therapeutic and Safe Environment ATI MODULE-Building Therapeutic Relationships	Finish Theories and therapies and Therapeutic Relationships and Communication October 25, 2026-last day to drop with a "W"	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Building Therapeutic Relationships-Module Completion ATI MODULE-Building Therapeutic Relationships-Post Module test
10/19	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 15 Psychotic Disorders Chapter 24 Meds for Psychotic Disorders ATI MODULE-Schizophrenia Spectrum Disorders and Psychosis	Exam 2 Wednesday October 26 at 8 am Schizophrenia and Psychosis-will be on the next exam	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Schizophrenia Spectrum Disorders and Psychosis-Module Completion ATI MODULE-Schizophrenia Spectrum Disorders and Psychosis-Post Module test
10/26	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 33 Sexual Assault Chapter 21 Meds for Trauma and Stressor-Related Disorders Chapter 12 Trauma and Stress-Related Disorders Chapter 29 Crisis Management ATI MODULE-Trauma, Crisis, Disaster, and Related Disorders	Finish Schizophrenia and Psychosis and Trauma, Crisis and related Disorders	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Trauma, Crisis, Disaster, and Related Disorders-Module Completion ATI MODULE-Trauma, Crisis, Disaster, and Related Disorders-Post Module test
11/2	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 18 Substance Use and Addictive Disorders Chapter 26 Medications for Substance Use Disorders ATI MODULE-Substance-Related and Addiction Disorders (On Final Exam)	Finish Trauma and Substance Use Disorder NO CLASS NOVEMBER 11th	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Substance-Related and Addiction Disorders-Module Completion ATI MODULE-Substance-Related and Addiction Disorders-Post Module test
11/9	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 31 Anger Management Chapter 32 Family and Community Violence ATI MODULE-Abuse, Aggression, and Violence	Finish Substance use disorders and Abuse, Aggression and Violence	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Abuse, Aggression, and Violence-Module completion ATI MODULE-Abuse, Aggression, and Violence-Post Module test

11/16	RN Mental Health Nursing Edition 12.0 EBOOK/Chapter 21 Meds for Anxiety Chapter 11 Anxiety Disorders ATI MODULE-Anxiety, Obsessive-Compulsive, and Related Disorders	Anxiety Disorders THANKSGIVING BREAK NOVEMBER 24-29th	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Anxiety, Obsessive-Compulsive, and Related Disorders-Module Completion ATI MODULE-Anxiety, Obsessive-Compulsive, and Related Disorders-Post Module test
11/23	RN Mental Health Nursing Edition 12.0 EBOOK/Chapters 21-26 Medications Chapter 17 Neurocognitive Disorders Chapter 28 Mental Health Issues of Children ATI MODULE-Psychopharmacology (on Med Exam) Paraphilias-chart on Black Board ATI MODULE-Neurodevelopmental Disorders- Handout only ATI MODULE-Neurocognitive Disorders RECORDED LECTURE	Finish Anxiety and Psychopharmacology Medication Exam online this week ATI testing on campus December 1 at 8 am	Spend minimum 1 hour in each assigned ATI Module and get minimum 80% on module post-test for full points (test time does not count as part of required hour). Modules (5 pts/each)/Post Module Tests (5 pts/each) due Sunday each week by 11:59 pm. ATI MODULE-Psychopharmacology-Module Completion ATI MODULE-Psychopharmacology-Post Module test Medication Exam online due Sunday by 11:59 pm ATI MODULE-Neurodevelopmental Disorders- Module Completion ATI MODULE-Neurodevelopmental Disorders- Post Module test ATI MODULE-Neurocognitive Disorders-Module Completion ATI MODULE-Neurocognitive Disorders-Post Module test
11/30	Final Exam (Cumulative) 8 am-10 am	Final Exam Monday December 7th at 8 am	

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