

NURS 7045 - Family Nurse Practitioner 1

Fall 2026 Syllabus, Section A04, CRN 42715,

Credit hours: 3

Instructor

Melody Wright

Professional Qualifications:

Master of Science in Nursing (MSN), Franciscan University of Steubenville, Steubenville, Ohio, MSN 2017

Bachelor of Science in Nursing (BSN), Ohio University, Athens, Ohio, BSN 2013

Nursing Education, Trinity School of Nursing, Steubenville, Ohio, Diploma 1999

Instructor Office Location: Cushwa Hall: Room 3309

Instructor Office Phone: 330-941-1793

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Public Instructor Information

Instructor Title: Lecturer, APRN, MSN, NP-C

Instructor Professional Qualifications:

Master of Science in Nursing (MSN), Franciscan University of Steubenville, Steubenville, Ohio, MSN 2017

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Course Description

7045. Family Nurse Practitioner 1. Knowledge, skills, and professional behaviors required to provide comprehensive and holistic primary care to a culturally diverse population across the lifespan. Emphasis is on health promotion, health maintenance, and management of common health problems pertaining to children, adolescents, gynecological, reproductive, and family centered primary care with an emphasis on physical assessment findings for determining and planning of patient care needs. Prereq.: NURS 6904 with a grade of B or better and NURS 6917 with a grade of B or better and NURS 6918 with grade of B or better. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Optional	Buttaro, T., Polgar-Bailey, P., Sandberg-Cook, J., Trybulski, J., Dick, J., Montgomery, K., & Justin, B., (2024). Primary Care: Interprofessional Collaborative Practice (7th Ed). St. Louis, Elsevier. 978-0323935845		

Required Course Materials

This course does not require the purchase of a textbook. All required learning materials, readings, videos, and other resources will be provided throughout the semester through the course learning management system and other instructor-provided resources.

Recommended Course Materials (Not required)

Students who prefer to have a hard-copy resource for additional background and independent learning may choose to purchase the following recommended textbook. This book is provided as an optional reference only and is **not** used as the course textbook. Course lectures, assignments, and assessments are not based directly on its content.

Buttaro, T., Polgar-Bailey, P., Sandberg-Cook, J., Trybulsiki, J., Dick, J., Montgomery, K., & Justin, B., (2024). Primary Care: Interprofessional Collaborative Practice (7th Ed). St. Louis, Elsevier. 978-0323935845

Garson, D., Dirks, M., Driessnack, M., Duderstadt, K.G., Gaylord, N.M (2024)
Burn's Pediatric Primary Care, (8th Ed). St. Louis, Elsevier. 978-0323882316

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	Course Structure & Weekly Learning Modules Sentinel U Information & Overview Review instruction guidelines for the final presentation due week 7 Read and learn the Practicum Orientation Module 8	Course Introduction Topic for Final Presentation Practice Case Studies	Sentinel U Pre-Work Completion Discussion Assignment Acknowledge the Syllabus Take Module #1 Quiz: Pre-practicum Requirements Quiz
8/31	Review PowerPoints: Health Promotion: Rewilding Wellness STI Website Readings Review the following site(s) and look over the information for the topics of the week Read all the men's Health Screenings on the USPTF website. • CDC vaccination Schedule for 19 and older • USPTF Screening by age. Website References: US Preventative Taskforce. (ND). https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics CDC. (ND). https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html Instructional Media: Review of STD's Review of STD's With Treatment Testicular Issues Erectile Dysfunction Review of the prostate exam and findings	Men's Health Screening/Testicular health; Men's Health Erectile dysfunction; Men's Health Screening and Prostate health Adult health vaccinations Sexually Transmitted diseases	STD Worksheet 2 peer responses Stat Pearls Quiz 2
9/7	Module 3 will focus on influences on Child Health and Child Health Assessment. Growth and development and identification normal vs. abnormal findings is presented. The Importance of providing Well Child Care is emphasized. Developmental; Surveillance Questions Developmental History Developmental; Assessment Algorithm	Influences on Child Health and Child Health Assessment	Well Child Visit Sentinel Case Study 2 Peer Responses Stat Pearls Quiz #3



9/14	Module 4 will focus on Child Health Supervision: Health Promotion and Health Protection. Pediatric guidelines for health screening, recommended immunizations and child abuse/maltreatment are presented. Well Child Care is the primary focus in module 4. CDC Immunization Schedule birth-18 years (MO 1,2,3) Well Visits: Patient and Parent Education (MO 1,2,3)	Child Health Supervision: Health Promotion and Health Protection; Legal and in principals in decision making in Pediatric Primary Care Pediatric mental Health	Pediatric mental Health Sentinel Case Study 2 Peer Responses Stat Pearls Quiz #4
9/21	Review PowerPoints Instructional Media: The Menstrual Cycle Pregnancy	Women's Health: Wellness, health promotion and disease prevention in women across the lifespan Contraceptive Methods / The Menstrual Cycle/ Menopause	Women's Health GYN Case Study 2 Peer Responses Stat Pearls Quiz #5
9/28	Review PowerPoints Instructional Media: Women's Health: OB Mental Health	Women's Health: OB Mental Health	Women's Health OB Case Study 2 Peer Responses Stat Pearls Quiz #6
10/5	This module will assimilate all the previous modules. A final assignment will address one of the key health promotion topics. Each student will have a topic and will be responsible for educating patients and presenting them to peers.	Identify, discuss, observe health promotion for 3 areas: 1.Women's Health 2.Child / adolescent Health 3.Men's Health	Narrated Case Study Presentation 2 Peer Responses Stat Pearls Quiz #7

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.