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## **NURS 7045 - Family Nurse Practitioner 1**

### **Fall 2026 Syllabus, Section A05, CRN 43320,**

Credit hours: 3

## **Instructor**

**Melody Wright**

Professional Qualifications:

Master of Science in Nursing (MSN), Franciscan University of Steubenville, Steubenville, Ohio, MSN 2017

Bachelor of Science in Nursing (BSN), Ohio University, Athens, Ohio, BSN 2013

Nursing Education, Trinity School of Nursing, Steubenville, Ohio, Diploma 1999

APRN, MSN, NP-C

Email: mlwright03@ysu.edu

Office: Instructor Office Location: Cushwa Hall: Room 3309 Instructor

Office Phone: Office Phone: 330-941-1793

Preferred Contact Method: Email

Communication Expectations:

The best form of communication is via email. Emails are checked every day throughout the week and after hour requests and weekends may not be addressed until the following business day but all effort is made to respond in a timely manner. Please do not send any messages through blackboard messaging, please use email for all communication.

How to Refer to me:

Please refer to the instructors as Ms. Wright with all communications and correspondence

## **Public Instructor Information**

Instructor Title: Lecturer, APRN, MSN, NP-C

Instructor Professional Qualifications:

Master of Science in Nursing (MSN), Franciscan University of Steubenville, Steubenville, Ohio

Bachelor of Science in Nursing (BSN), Ohio University, Athens, Ohio

Nursing Education, Trinity School of Nursing, Steubenville, Ohio

Instructor Office Location: Cushwa Hall: Room 3309

Instructor Office Phone: 330-941-1793

## **Course Description**

7045. Family Nurse Practitioner 1. Knowledge, skills, and professional behaviors required to provide comprehensive and holistic primary care to a culturally diverse population across the lifespan. Emphasis is on health promotion, health maintenance, and management of common health problems pertaining to children, adolescents, gynecological, reproductive, and family centered primary care with an emphasis on physical assessment findings for determining and planning of patient care needs. Prereq.: NURS 6904 with a grade of B or better and NURS 6917 with a grade of B or better and NURS 6918 with grade of B or better. 3 s.h.

## Course Readings

| Group    | Title                                                                                                                                                                                                                   | Author | ISBN |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Optional | Buttaro, T., Polgar-Bailey, P., Sandberg-Cook, J., Trybulsiki, J., Dick, J., Montgomery, K., & Justin, B., (2024). Primary Care: Interprofessional Collaborative Practice (7th Ed). St. Louis, Elsevier. 978-0323935845 |        |      |

### Required Course Materials

This course does not require the purchase of a textbook. All required learning materials, readings, videos, and other resources will be provided throughout the semester through the course learning management system and other instructor-provided resources.

### Recommended Course Materials (Not required)

Students who prefer to have a hard-copy resource for additional background and independent learning may choose to purchase the following recommended textbook. This book is provided as an optional reference only and is **not** used as the course textbook. Course lectures, assignments, and assessments are not based directly on its content.

Buttaro, T., Polgar-Bailey, P., Sandberg-Cook, J., Trybulsiki, J., Dick, J., Montgomery, K., & Justin, B., (2024). Primary Care: Interprofessional Collaborative Practice (7th Ed). St. Louis, Elsevier. 978-0323935845

Garson, D., Dirks, M., Driessnack, M., Duderstadt, K.G., Gaylord, N.M (2024)  
Burn's Pediatric Primary Care, (8th Ed). St. Louis, Elsevier. 978-0323882316

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

## Schedule of Topics and Assignments

| Week of | Reading(s)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Proposed Topic                                                                                                                                                                  | Due/To Prepare for Class                                                                                                           |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 8/24    | Course Structure & Weekly Learning Modules Sentinel U Information & Overview Review instruction guidelines for the final presentation due week 7 Read and learn the Practicum Orientation Module 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Course Introduction Topic for Final Presentation Practice Case Studies                                                                                                          | Sentinel U Pre-Work Completion Discussion Assignment Acknowledge the Syllabus Take Module #1 Quiz: Pre-practicum Requirements Quiz |
| 8/31    | Review PowerPoints: Health Promotion: Rewilding Wellness STI Website Readings Review the following site(s) and look over the information for the topics of the week Read all the men's Health Screenings on the USPTF website. • CDC vaccination Schedule for 19 and older • USPTF Screening by age. Website References: US Preventative Taskforce. (ND). <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation-topics</a> CDC. (ND). <a href="https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html">https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html</a> Instructional Media: Review of STD's Review of STD's With Treatment Testicular Issues Erectile Dysfunction Review of the prostate exam and findings | Men's Health Screening/Testicular health; Men's Health Erectile dysfunction; Men's Health Screening and Prostate health Adult health vaccinations Sexually Transmitted diseases | STD Worksheet 2 peer responses Stat Pearls Quiz 2                                                                                  |



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|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| 9/7  | Module 3 will focus on influences on Child Health and Child Health Assessment. Growth and development and identification normal vs. abnormal findings is presented. The Importance of providing Well Child Care is emphasized. Developmental; Surveillance Questions Developmental History Developmental; Assessment Algorithm                                       | Influences on Child Health and Child Health Assessment                                                                                                         | Well Child Visit Sentinel Case Study 2 Peer Responses Stat Pearls Quiz #3        |
| 9/14 | Module 4 will focus on Child Health Supervision: Health Promotion and Health Protection. Pediatric guidelines for health screening, recommended immunizations and child abuse/maltreatment are presented. Well Child Care is the primary focus in module 4. CDC Immunization Schedule birth-18 years (MO 1,2,3) Well Visits: Patient and Parent Education (MO 1,2,3) | Child Health Supervision: Health Promotion and Health Protection; Legal and in principals in decision making in Pediatric Primary Care Pediatric mental Health | Pediatric mental Health Sentinel Case Study 2 Peer Responses Stat Pearls Quiz #4 |
| 9/21 | Review PowerPoints Instructional Media: The Menstrual Cycle Pregnancy                                                                                                                                                                                                                                                                                                | Women's Health: Wellness, health promotion and disease prevention in women across the lifespan Contraceptive Methods / The Menstrual Cycle/ Menopause          | Women's Health GYN Case Study 2 Peer Responses Stat Pearls Quiz #5               |
| 9/28 | Review PowerPoints Instructional Media: Women's Health: OB Mental Health                                                                                                                                                                                                                                                                                             | Women's Health: OB Mental Health                                                                                                                               | Women's Health OB Case Study 2 Peer Responses Stat Pearls Quiz #6                |
| 10/5 | This module will assimilate all the previous modules. A final assignment will address one of the key health promotion topics. Each student will have a topic and will be responsible for educating patients and presenting them to peers.                                                                                                                            | Identify, discuss, observe health promotion for 3 areas: 1.Women's Health 2.Child / adolescent Health 3.Men's Health                                           | Narrated Case Study Presentation 2 Peer Responses Stat Pearls Quiz #7            |

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.