

PSYC 1560 - General Psychology

Fall 2026 Syllabus, Section 02, CRN 42683,

Credit hours: 3

Instructor

Swati Sethi

Email: snsethi@ysu.edu

Public Instructor Information

Instructor Title: Senior Lecturer

Instructor Professional Qualifications:

Master's, Sociology, Cleveland State University, 2012

Bachelor's, Sociology, Youngstown State University, 2010

Instructor Office Location: 3404 Beeghly Hall

Instructor Office Phone: 330-941-3257

Course Description

1560. General Psychology. An examination of scientific and clinical approaches to understanding the relationships between one's physical, mental, and emotional well-being, and quality of life, including the basic principles governing the growth and maintenance of behavior, emotion, and cognition. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Essentials of Understanding Psychology (eBook)	R. Feldman	1260408388

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Tentative Course Schedule

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	Textbook: Chapter 1 PowerPoint: Chapter 1	Syllabus Review • Meaning and origin of Psychology (LO 1) • Five Perspectives in contemporary Psychology (LO 1-4) • Research Methods (LO 1 & 5)	SmartBook Assignment Discussion Assignment Sona Research Experience (ongoing assignment) (LO 5)
8/31	Textbook: Chapter 2 PowerPoint: Chapter 2	• Study of the nervous system and its functioning (LO 1 -2)	SmartBook Assignment Sona Research Experience (ongoing assignment) (LO 5)
9/7	Textbook: Chapter 3 PowerPoint: Chapter 3	• Understanding sensation and a relationship between a physical stimulus and kind of sensory responses that results from it (LO 1-2)	SmartBook Assignment Exam I: Chapters 1,2, & 3 Sona Research Experience (ongoing assignment) (LO 5)

9/14	Textbook: Chapter 4 PowerPoint: Chapter 4	• Understand the behavior of Sleeping and Dreaming (LO 1-3) • Define Psychoactive drugs and list the different types of drugs (LO1 & 3)	SmartBook Assignment Discussion Assignment Sona Research Experience (ongoing assignment) (LO 5)
9/21	Textbook: Chapter 5 PowerPoint: Chapter 5	• Understand different types of Learning: Classical Conditioning, Operant Conditioning, & Observational Learning (LO 1-3) • Describe reinforcement and its types (LO 2 & 3) • Explain how punishment differs from reinforcement (LO 1 & 3)	SmartBook Assignment Sona Research Experience (ongoing assignment) (LO 5)
9/28	TextBook: Chapter 6 PowerPoint: Chapter 6	• Understanding Memory and its types (LO 1-5) • Explain Forgetting & identify different types of Memory dysfunctions (LO 1 & 3)	Sona Research Experience (ongoing assignment) (LO 5) SmartBook Assignment Exam II: Chapters 4,5, & 6
10/5	Textbook: Chapter 7 PowerPoint: Chapter 7	• Understand Thinking, Language, and Intelligence (LO 1-4)	SmartBook Assignment Discussion Assignment Sona Research Experience (ongoing assignment) (LO 5)
10/12	Textbook: Chapter 8 PowerPoint: Chapter 8	• Understand Motivation and Emotions (LO 1-3)	SmartBook Assignment Sona Research Experience (ongoing assignment) (LO 5)
10/19	TextBook: Chapter 9 PowerPoint: Chapter 9	• Understand physical, social, cognitive, and moral development across lifespan (LO 1-5) • Identify different Parenting Styles (LO 1-4)	Sona Research Experience (ongoing assignment) (LO 5) SmartBook Assignment Exam III : Chapter 7,8,& 9
10/26	Textbook: Chapter 10 PowerPoint: Chapter 10	• Understand Personality and discuss different Theories of Personality (LO 1-4)	SmartBook Assignment Discussion Assignment Sona Research Experience (ongoing assignment) (LO 5)
11/2	Textbook: Chapter 11 PowerPoint: Chapter 11	• Describe stress and understand its effect, and coping mechanism (LO 1-3) • Explaining a sense of well-being development (LO 1-3)	SmartBook Assignment Sona Research Experience (ongoing assignment) (LO 5)
11/9	Textbook: Chapter 12 PowerPoint: Chapter 12	• Describing a different psychological disorder and their prevalence (LO 1)	SmartBook Assignment Exam IV: Chapters 10,11,&12 Sona Research Experience (ongoing assignment) (LO 5)
11/16	Textbook: Chapter 13 PowerPoint: Chapter 13	• Understanding different treatment approaches to psychological disorders (LO 1)	SmartBook Assignment Discussion Assignment Sona Research Experience (ongoing assignment) (LO 5)
11/23		Thanksgiving Break Work on Sona Research Required Credits	Sona Research Experience (ongoing assignment) (LO 5)
11/30	Textbook: Chapter 14 PowerPoint: Chapter 14	• Understand Social Psychology: Attitudes, Social Cognition, Social Influence, & Groups (LO 1-3)	SmartBook Assignment Discussion Assignment Sona Research Experience are due (LO 5)
12/7	Chapters 13 & 14		Final Exam Exam V (Chapters 13 & 14)

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