

## PSYC 1560 - General Psychology

Fall 2026 Syllabus, Section 10, CRN 40108,

Credit hours: 3

### Instructor

David Fruehstorfer

Email: dbfruehstorfer@ysu.edu

### Public Instructor Information

Professional Qualifications:

Ph.D., Experimental (Health) Psychology, Kent State University (2010)

M.A., Experimental (Health) Psychology, Kent State University (2005)

M.Ed., Clinical Mental Health Counseling, Kent State University (1995)

B.A., Psychology, Kent State University (1989)

Senior Lecturer

Email: dbfruehstorfer@ysu.edu

Office: 3211 Beeghly Hall

Fall 2026 Office Hours:

Mon. & Wed. ~ 10:30a-11:30a; Tues. & Thurs. ~ 11:00a-12:30p

Office Phone: 330.941.3276

please use your YSU email to contact me.

### Course Description

1560. General Psychology. An examination of scientific and clinical approaches to understanding the relationships between one's physical, mental, and emotional well-being, and quality of life, including the basic principles governing the growth and maintenance of behavior, emotion, and cognition. 3 s.h.

### Course Readings

| Group    | Title                                                                                   | Author      | ISBN          |
|----------|-----------------------------------------------------------------------------------------|-------------|---------------|
| Required | Essentials of Understanding Psychology (14th edition) – eBook with Connect access code. | Feldman, R. | 9781264840656 |

Feldman, R. (2021), Essentials of Understanding Psychology (14th edition) – eBook with Connect access code. ISBN13: 9781264840656

McGraw-Hill Education Connect® access is required material for successfully completing this course.

- This is a "First-Day Ready" Course; eBook and Connect access come with tuition.
- You must register for Connect within Blackboard.
- You may choose to add a loose-leaf copy of the text through McGraw Hill if you would like (this can be purchased anytime throughout the semester but is not required).

\*See end of syllabus for additional assistance on registering for Connect

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.



## Schedule of Topics and Assignments

| Day | Date  | Proposed Topic | Due/To Prepare for Class                                                                               |
|-----|-------|----------------|--------------------------------------------------------------------------------------------------------|
| Tue | 8/25  |                | Due 8/26 at 11:59pm:<br>Syllabus Quiz                                                                  |
| Thu | 8/27  |                | Due 8/28 at 11:59pm:<br>Chapter 1 - Introduction to Psychology<br>Chapter 1: Homework Assignment       |
| Tue | 9/1   |                | Due 9/2 at 11:59pm:<br>Chapter 2 - Neuroscience and Behavior                                           |
| Thu | 9/3   |                | Due 9/4 at 11:59pm:<br>Chapter 2 Homework Assignment                                                   |
| Tue | 9/8   |                | Due 9/9 at 11:59pm:<br>Chapter 3 - Sensation & Perception                                              |
| Thu | 9/10  |                | Due 9/11 at 11:59pm:<br>Chapter 3 Homework Assignment<br>Due 9/14 at 11:59pm:<br>Unit 1 Exam (Ch. 1-3) |
| Tue | 9/15  |                | Due 9/16 at 11:59pm:<br>Chapter 4 - States of Consciousness                                            |
| Thu | 9/17  |                | Due 9/18 at 11:59pm:<br>Chapter 4 Homework Assignment                                                  |
| Tue | 9/22  |                | Due 9/23 at 11:59pm:<br>Chapter 5 - Learning                                                           |
| Thu | 9/24  |                | Due 9/25 at 11:59pm:<br>Chapter 5 Homework Assignment                                                  |
| Tue | 9/29  |                | Due 9/30 at 11:59pm:<br>Chapter 6 - Memory                                                             |
| Thu | 10/1  |                | Due 10/2 at 11:59pm:<br>Chapter 6 Homework Assignment                                                  |
| Tue | 10/6  |                | Due 10/7 at 11:59pm:<br>Chapter 7 - Thinking, Language, and Intelligence                               |
| Thu | 10/8  |                | Due 10/9 at 11:59pm:<br>Chapter 7 Homework Assignment                                                  |
| Tue | 10/13 |                | Due 10/13 at 11:59pm:<br>Unit 2 Exam (Ch. 4-7)                                                         |
| Thu | 10/15 |                | Due 10/16 at 11:59pm:<br>Chapter 8 - Motivation and Emotion                                            |
| Tue | 10/20 |                | Due 10/20 at 11:59pm:<br>Chapter 8 Homework<br>Due 10/21 at 11:59pm:<br>Chapter 9 - Development        |
| Thu | 10/22 |                | Due 10/23 at 11:59pm:<br>Chapter 9 Homework Assignment                                                 |
| Tue | 10/27 |                | Due 10/28 at 11:59pm:<br>Chapter 10 - Personality                                                      |
| Thu | 10/29 |                | Due 10/30 at 11:59pm:<br>Chapter 10 Homework Assignment                                                |
| Tue | 11/3  |                | Due 11/3 at 11:59pm:<br>Unit 3 Exam (Ch. 8-10)                                                         |

---

|     |       |                                                                                                                                                                                |
|-----|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tue | 11/10 | Due 11/10 at 11:59pm:<br>Chapter 11 - Health Psychology: Stress, Coping, and Well-being<br>Chapter 11 Homework Assignment                                                      |
| Tue | 11/17 | Due 11/16 at 11:59pm:<br>Chapter 12 - Psychological Disorders<br>Due 11/17 at 11:59pm:<br>Chapter 12 Homework Assignment                                                       |
| Tue | 11/24 | Due 11/24 at 11:59pm:<br>Chapter 13 - Treatment of Psychological Disorders<br>Chapter 13 Homework Assignment                                                                   |
| Thu | 12/3  | Due 12/2 at 11:59pm:<br>Chapter 14 - Social Psychology<br>Due 12/3 at 11:59pm:<br>Chapter 14 Homework Assignment<br>Due 12/4 at 11:59pm:<br>Unit 4 Exam (Ch. 11, 12, 13, & 14) |
| Thu | 12/10 | Due 12/10 at 10am:<br>Cumulative Final Exam                                                                                                                                    |

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.