

PSYC 1560 - General Psychology

Fall 2026 Syllabus, Section A01, CRN 43303,

Credit hours: 3

Instructor

Swati Sethi

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Public Instructor Information

Instructor Title: Senior Lecturer

Instructor Professional Qualifications:

Master's, Sociology, Cleveland State University, 2012

Bachelor's, Sociology, Youngstown State University, 2010

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Course Description

1560. General Psychology. An examination of scientific and clinical approaches to understanding the relationships between one's physical, mental, and emotional well-being, and quality of life, including the basic principles governing the growth and maintenance of behavior, emotion, and cognition. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Essentials of Understanding Psychology (eBook)	R. Feldman	1260408388

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Tentative Course Schedule

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	Textbook: Chapters 1 & 2 Power Point on chapters 1 & 2	Syllabus Reading • Meaning and origin of Psychology (LO 1) Five Perspectives in contemporary Psychology (LO 1-4) Research Methods (LO 1 & 5) Study of the nervous system and its functioning (LO 1 -2)	Smart Book Assignment Quiz Discussion Post Sona Research Experience (ongoing assignment) (LO 5)
8/31	Textbook: Chapters 3 & 4 PowerPoint: Chapters 3 & 4	Understand the behavior of Sleeping and Dreaming (LO 1-3) Define Psychoactive drugs and list the different types of drugs (LO1 & 3) Understanding sensation and a relationship between a physical stimulus and kind of sensory responses that results from it (LO 1-2)	Smart Book Assignment Quiz Reflection Project: Reflection Paper Sona Research Experience (ongoing assignment) (LO 5)



9/7	Textbook: Chapters 5 & 10 Power Points: Chapters 5 & 10	Understand different types of Learning: Classical Conditioning, Operant Conditioning, & Observational Learning (LO 1-3) Describe reinforcement and its types (LO 2 & 3) Explain how punishment differs from reinforcement (LO 1 & 3) Understanding personality, theories of personality, and personality assessment (LO1-5)	Smart Book Assignment Quiz Discussion Post Sona Research Experience (ongoing assignment) (LO 5)
9/14	Textbook: Chapters 6 & 11 Power Points: Chapters 6 & 11	Understanding Memory and its types (LO 1 -5) Explain Forgetting & identify different types of Memory dysfunctions (LO 1 & 3) Describe stress and understand its effect, and coping mechanism (LO 1-3) Explaining a sense of well-being development (LO 1-3)	Smart Book Assignment Quiz Reflection Project: Reflection Paper Sona Research Experience (ongoing assignment) (LO 5)
9/21	Textbook: Chapters 7 & 12 Power Points: Chapters 7 & 12	Understand Thinking, Language, and Intelligence (LO 1-4) Describing a different psychological disorder and their prevalence (LO 1)	Smart Book Assignment Quiz Discussion Post Reflection Project: Oral Presentations Recording Sona Research Experience (ongoing assignment) (LO 5)
9/28	Textbook: Chapters 8 & 13 Power Points: Chapters 8 & 13	Understand Motivation and Emotions (LO 1-3) Understanding different treatment approaches to psychological disorders (LO 1)	Smart Book Assignment Quiz Reflection Project is due for final submission this week: Project Presentation Peer Review Sona Research Experience is due this week (LO 5)
10/5	Textbook: Chapters 9 & 14 Power Points: Chapters 9 & 14	Understand physical, social, cognitive, and moral development across lifespan (LO 1-5) Identify different Parenting Styles (LO 1-4) Understanding attitudes, impression formation, and biases in people view of others behavior (LO 1-5)	Smart Book Assignment Quiz **Last week assignments will stay open from Monday to Friday

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.