

SCWK 7000 - Advanced Direct Practice 1

Fall 2026 Syllabus, Section 01, CRN 40950,

Credit hours: 3

Instructor

William Aley-Byrne

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Public Instructor Information

Instructor Title: Adjunct Faculty

Instructor Professional Qualifications: MSW, LISW-S, LICDC-CS

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Course Description

7000. Advanced Direct Practice 1. The development of adversities experienced by individuals from conception through adulthood. The course employs a multisystems ecological perspective in discussing risk conditions, stressful life events, and the interplay of risk and protective factors that appear to be common to many childhood disorders and problems. Prereq.: Social Work Majors Only. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Theory and practice of counseling and psychotherapy	Corey, G.	978-1-55832-796-2
Required	Theories for Direct Social Work Practice	Walsh, J.	978-1-285-75024-8
Required	Mindful Self-Compassion	Neff et al.	

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Mon	8/24	No Readings	Introduction to Course Welcome and Introductions Adult Learning Strategies Student and Teacher Expectations Progress Tracking in BB Course Policies Syllabus, Assignments, and Schedule Review Sign-Up for Theory Presentations	Week 1 Reading for 8/31: Corey Ch. 1 and 2. Take ungraded Assessment of Prior Learning before 11:59 pm Tues. 9/1.

Mon	8/31	Corey Ch. 1 and 2.	Field Integration: Field as Signature Phenomenon in Social Work Introduction and Overview The Counselor: Person and Professional The Appropriate Use of Self-Disclosure – breakout group discussion	Reading for 9/14: Corey Ch. 4 Slides on Psychoanalytic Theory, Psychodynamic Therapy, and Defense Mechanisms for 9/8 class Review and print out Self-Disclosure Continuum – have them in front of you for class on 9/14 NEW: Theory topic (top 2) are due via email to me no later than after class on 9/8. Show the syllabus to your Field Educator and discuss the requirements for writing the Comprehensive Field Client Assessment Paper; ask them to help you select an appropriate client. Watch 2 short videos for 9/14: Self-Disclosure in Psychotherapy (12 min) Professional Issues and Ethics in Counseling & Psychotherapy: Multiple Relationships Also watch the following brief videos before 9/14 class: Countertransference vs. transference: What is the difference? https://youtu.be/Ca6KnKqZH7I Defense mechanisms: https://youtu.be/fTnjJ105ze4?si=YGr5gsebQUVDxrZ Complete Ch. 2 Discussion Board: Please respond to each of the questions posted in BlackBoard (BB). Write in complete, grammatical sentences (3 pts). Be sure to respond to at least 1 peer (2 pts). Deadline: 11:59 pm Tues. 9/8 (or earlier!).
Mon	9/7	No Class		
Mon	9/14	Corey Ch. 4	Ch. 4 Psychoanalytic Theory and Psychodynamic Psychotherapy (Mr. Aley-Byrne)	Take Ch. 4 Quiz by 11:59 p.m. 9/20 (10 pts). Work on your theory presentations Ch. 7 Person-Centered Therapy Upload presentation by 11:59 pm Sun. 9/14
Mon	9/21	Corey Ch. 7 Walsh Ch. 3: Person-Centered Therapy	Field Integration Small Group Discussion: The Importance of Self-Care Discuss Ch. 3: Ethical Issues in Clinical Social Work and Ethical Dilemmas Theory Presentation: Ch. 7 Client-Centered Therapy (Rogers)	Take Ch. 7 Quiz by 11:59 pm Sun. 10/5 (10 pts). Ch. 6 Existential Therapy and Ch. 13 MI/MET - Upload presentations by 11:59 pm Sun. 9/27 Watch short video before 9/28 class (click on title to open): Jerrold Lee Shapiro Discusses Existential Psychotherapy
Mon	9/28	Corey Ch. 6 Existential Therapy Corey Ch. 13 Walsh Ch. 11: Motivational Interviewing; review Stages of Change	Field Integration: Understanding How Theories are Used at Your Field Site Role Play: PCT Theory Presentation 1: Ch. 6: Existential Therapy Theory Presentation 2: (Ch. 13 MI): • Stages of Change • Motivational Interviewing (MI) • Motivation Enhancement Therapy (MET)	Take Quiz on MI/MET (Ch. 13) by 11:59 pm 10/4 (10 pts) Ch. 9 Behavior Therapy/ Systematic Desensitization; and Exposure Therapies & Exposure Response Prevention Therapy (ERP) Upload presentations by 11:59 pm Sun. 10/4

Mon	10/5	Corey Ch. 9 Walsh Ch. 7: Behavior Therapy	Field Integration Theory Presentation 1: Behavior Therapy (Ch. 9) • History of behavior therapy • Systematic desensitization for phobias Theory Presentation 2a: Exposure Therapies • History of using exposure therapies for PTSD, phobias, etc. Theory Presentation 2b: • Exposure Response and Prevention (ERP) for OCD NEW: Presentation on Ch. 10 & CBT moved to 10/20	Do keyword search for Comprehensive Field Client Assessment and Treatment Plan. Prepare 1 APA citation following APA guidelines (double spaced, properly indented, capitalized, italicized, punctuated, etc. Due no later than 11:59 pm Sun. 10/11. Ungraded. Carefully proofread and then upload 1 APA citation for final paper (ungraded) by 11:59 pm 10/11. Please check for my feedback to improve your citations. Take Ch. 9 Quiz by 11:59 pm 10/11 (10 pts). Ch. 10 DBT: Upload presentations by 11:59 pm Sun. 10/183 Be prepared to conduct a role play with a partner who has a phobia using an exposure hierarchy during class next week. Watch for 10/20: Hope in Counselling & Psychotherapy https://sk-sagepub-com.eps.cc.ysu.edu/video/hope-in-counselling-and-psychotherapy (15 min.) Be prepared to discuss!
Mon	10/12	Corey Ch. 10 Walsh Ch. 8: Cognitive Therapy/CBT/REBT	Field Integration: Discuss the importance of instilling hope in therapy Role Play: Create and use an exposure hierarchy with your partner who will act as if they have a particular phobia (breakout rooms) Theory Presentation 1: Cognitive Therapy and Cognitive-Behavioral Therapy; Rational-Emotive Behavior Therapy (REBT) (Ch. 10) Theory Presentation 2: Dialectical Behavioral Therapy (DBT)	Reading for 10/27: Ch. 12 Feminist Therapy. Take Ch. 10 Quiz on by 11:59 pm 10/25 (10 pts). Ch. 12 Feminist Therapy; Internal Family Systems Upload presentations by 11:59 pm Sun. 10/25
Mon	10/19	Reading for 10/27: Ch. 12 Feminist Therapy	Field Integration Role Play: Values Clarification/DBT Theory Presentation 1: Ch. 12 Feminist Therapy Theory Presentation 2: Internal Family Systems Therapy Role play: MI/MET (assess stage of change, use ruler or scaling to enhance motivation for change)	Reading for 11/3: Corey Ch. 13 Walsh ch. 10 Solution-Focused Corey Ch 13 Walsh Ch. 12: Narrative Therapies and slides in BB on Introduction to Postmodern Approaches Ch. 13: Solution-Focused (Brief) Therapy/ Narrative Therapy Upload presentations by 11:59 pm Sun. 11/1
Mon	10/26	Reading for 11/3: Corey Ch. 13 Walsh ch. 10 Solution-Focused Corey Ch 13 Walsh Ch. 12: Narrative Therapies and slides in BB on Introduction to Postmodern Approaches	Field Integration Theory Presentation 1 (Ch. 13) Narrative Therapy Theory Presentation 2 Solution-Focused Brief Therapy (SFBT) Role Play: CBT	Read for 11/10: Article by Neff et al. (2020) on Mindful Self-Compassion. Be prepared to discuss! Take Quiz on Narrative and SFBT (Ch. 13) by 11:59 Sun. 11/8 (10 pts) Mindfulness-Based Cognitive Therapy (MBCT): Upload presentation by 11:59 pm Sun. 11/8
Mon	11/2	Read for 11/10: Article by Neff et al. (2020) on Mindful Self-Compassion. Be prepared to discuss!	Field Integration Role play: Narrative therapy Mindfulness Approaches to Therapy Theory Presentation: Mindfulness-Based Cognitive Therapy (MBCT) discuss Neff et al. article on Mindful Self-Compassion	Acceptance & Commitment Therapy (ACT): Upload presentation by 11:59 pm Sun. 11/15 Begin writing Comprehensive Field Client Assessment Paper (due 12/9)

Mon	11/9	Corey Ch. 9	Field Integration Role Play: SFBT Mindfulness Approaches to Therapy Theory Presentation: Acceptance & Commitment Therapy (ACT)	Read for 11/24: Ch. 15-Integrative Approaches to Therapy Be sure to complete anonymous Course Evaluations for all fall courses in BB. Watch short video before 11/24 class: Professional Issues and Ethics in Counseling & Psychotherapy: Gift Giving Ch. 15 Integrative Approaches: Upload presentations by 11:59 pm Sun. 11/22 Be prepared to teach a mindfulness technique during next week's class
Mon	11/16	Walsh Ch. 15-Integrative Approaches to Therapy	Field Integration: Discuss video on gift- giving. What is your field agency's policy about gifts from clients or others? What are the ethical dilemmas at play? Role Play: DBT/MBCT- Practice teaching a mindfulness technique of your choice to your partner Theory Presentation: Ch. 15 on Integrative Approaches to Therapy Role Play: Narrative Therapy – Help your partner identify their problem-saturated narrative story of their life and then work together to help them rewrite at least one part of this story.	Walsh Ch. 13: Crisis Theory and Intervention Continue writing Comprehensive Field Client Assessment and Treatment Plan due 12/9
Mon	11/23	Walsh Ch. 13: Crisis Theory and Intervention	Theory Presentation: Walsh Ch. 13: Crisis Theory and Intervention Role Play: Crisis Intervention – Help your partner through the aftermath of a crisis event. Focus on immediate steps.	Run final paper through www.grammarly.com. Proofread in-text citations and References against APA 7th ed. Guidelines. Paper is due no later than 11:59 pm Wed. 12/9.
Mon	11/30		Field Integration Class Discussion on training supervision, moving into final term, feedback on course. Rapid Role Play Round Robin: For all theories learned this term, in dyads in breakout rooms and also in dyads in front of whole class	Be sure to complete anonymous Course Evaluations in BB for all fall courses. Upload Comprehensive Field Client Assessment & Treatment Plan as a Word .docx attachment before 11:59 pm Wed. 12/9. Study for Final Exam
Mon	12/7		Take Final Exam between 8 a.m. Sun. 12/6 and 11:59 pm Wed. 12/9. Worth up to 50 pts. Computer graded. You may take it up to 3 times. Each time you will have up to 240 minutes to complete the test. Once it's closed, it's closed.	

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