

SCWK 7000 - Advanced Direct Practice 1

Fall 2026 Syllabus, Section 04, CRN 41482,

Credit hours: 3

Instructor

Bailey Brimus

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Public Instructor Information

Instructor Title: Bailey Brimus

Instructor Professional Qualifications: LISW, NBC-HWC

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Course Description

7000. Advanced Direct Practice 1. The development of adversities experienced by individuals from conception through adulthood. The course employs a multisystems ecological perspective in discussing risk conditions, stressful life events, and the interplay of risk and protective factors that appear to be common to many childhood disorders and problems. Prereq.: Social Work Majors Only. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Theory and practice of counseling and psychotherapy	Corey, G.	978-0357764428

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Sat	8/29	Corey Ch. 1 and 2.	@ LAKELAND Introduction to Course Welcome and Introductions Adult Learning Strategies Student and Teacher Expectations Progress Tracking in BB Course Policies Syllabus, Assignments, and Schedule Review Maag Library: Advanced Keyword Search techniques • Sign-Up Sheet for Theory Presentations	Take ungraded pre-test (assessment of prior learning) between Monday. 8 am 8/24 and 11:59 pm Tues. 9/1.

Sat	9/5	Reading for 9/12: Corey3 Ch. 2 and 4	@ LORAIN Psychoanalytic Theory, Psychodynamic Therapy, and Defense Mechanisms 2 short videos for 9/5: Self-Disclosure in Psychotherapy (12 min) Hope in Counselling & Psychotherapy (15 min.) Class Discussion on the importance of instilling hope in the therapy session The Appropriate Use of Self-Disclosure	Show the syllabus to your Field Educator and discuss the requirements for writing the Comprehensive Field Client Assessment Paper; ask them to help you select an appropriate client. Watch the following brief videos on psychoanalytic theory and practice before 9/12: What is Psychoanalysis? https://youtu.be/UwMsBrNCT64 What is transference? https://youtu.be/PD5iyGBVASU Countertransference vs. transference: What is the difference? https://youtu.be/Ca6KnKqZH7I The Ego and its Defense Mechanisms https://youtu.be/tdhKg8SGT1E
Sat	9/12	Readings for 9/26: Corey Ch. 7 on Person-Centered Therapy Maslach, C., & Leiter, M.P. (2017). New insights into burnout and health care: Strategies for improving civility and alleviating burnout.	VIRTUAL Discuss Ch. 2 & 4 questions Ch. 4 Psychoanalytic Theory and Psychodynamic Psychotherapy Watch and discuss videos: Peter Pearce Discusses Person-Centered Counseling (38 min)	Take Ch. 4 Quiz between 8 p.m. 9/7 and 11:59 p.m. 9/13 (10 pts). Respond to Maslach & Leiter article by completing quiz on it by 11:59 pm SUN 9/20 (10 pts) Ch. 7 Person-Centered Therapy Upload presentation by 11:59 pm Fri. 9/25 Ch. 3 Ethical Issues; Ch. 6
Sat	9/19	No Class		
Sat	9/26	Reading for 10/3: Corey Ch. 3 (Ethics) Corey Ch. 6 Existential Therapy	@ Lakeland Theory Presentation: Ch. 7 Client-Centered Therapy (Rogers) and discussion Ch. 3: Ethical Issues in Clinical Social Work and Ethical Dilemma: Dual or Multiple Relationships; Class Discussion on Informed Consent The Importance of Self-Care and Avoiding Burnout (discuss Maslach & Leiter article)	Take Ch. 7 Quiz between 8 p.m. 9/21 and 11:59 pm Sun. 9/27 (10 pts). Watch 2 short videos before 10/3 class: Jerrold Lee Shapiro Discusses Existential Psychotherapy Professional Issues and Ethics in Counseling & Psychotherapy: Multiple Relationships Existential Therapy & Ch. 9 Behavior Therapy Upload presentations by 11:59 pm Fri. 10/2.
Sat	10/3	Read for 10/10: Corey Ch. 9 Behavior Therapy	@ Lorain Theory Presentation: Ch. 6: Existential Therapy and Class Discussion Theory Presentation 1: Behavior Therapy (Ch. 9)	Systematic Desensitization and Exposure Therapies/ Exposure Response Prevention Therapy (ERP) Upload presentations by 11:59 pm Fri. 10/09
Sat	10/10	Read Documentation in Behavioral Health slides in BB and begin reading Ch. 10 on CBT next week	VIRTUAL Presentation 1: • Systematic desensitization for phobias • Exposure therapies for PTSD Presentation 2: • Exposure Response and Prevention (ERP) for helping people with OCD	Take Ch. 9 Quiz between 8 pm 10/12 and 11:59 pm 10/18 (10 pts). Begin keyword search and outline the Comprehensive Field Client Assessment Paper Ch. 10 Cognitive Therapy & CBT/REBT: Upload presentation by 11:59 pm Fri. 10/16
Sat	10/17	Corey Ch. 10 Cognitive Therapy/CBT/REBT	LAKELAND Slides on Documentation in Behavioral Health in BB (pay attention to concept of The Golden Thread) Theory Presentation 1: Cognitive Therapy and Cognitive-Behavioral Therapy (Ch. 10) Presentation 2: Rational-Emotive Behavior Therapy;	Dialectical Behavioral Therapy (DBT) & ACT presentations: Upload presentation by 11:59 pm Fri. 10/23



Sat	10/24	Read for 10/31: Ch. 13 on Motivational Interviewing	LORAIN Presentations: Dialectical Behavioral Therapy (DBT) & ACT presentations	Take Ch. 10 Quiz between 8 pm 10/19 and 11:59 pm 10/25 (10 pts). Ch. 13 MI / Narrative Therapy: Upload presentations by 11:59 pm Fri. 10/30
Sat	10/31	Read for 11/7: Case Study for Interprofessional Simulation and instructions in syllabus. When you come to class you will be assigned to a role play group. Please come prepared!	VIRTUAL Presentations: MI/ Narrative Therapy	Take Quiz on MI between 8 pm Mon. 11/2 and 11:59 pm 11/8 (10 pts) KEEP WORKING ON FINAL PAPERS DUE 12/6
Sat	11/7	Reading for 11/14: Corey Ch. 13 on Solution-Focused Therapy; Ch. 12 on Feminist Therapy	LAKELAND Interprofessional Case Study Simulation	Begin writing Interprofessional Simulation Response Paper (due 11/22). (Ch. 13) Solution-Focused (Brief) Therapy; Ch. 12 Feminist Therapy: Upload presentations by 11:59 pm Fri. 11/13. KEEP WORKING ON FINAL PAPERS DUE 12/6
Sat	11/14	KEEP WORKING ON FINAL PAPERS DUE 12/6	LORAIN Presentations: Solution-Focused (Brief) Therapy & Feminist Therapy	Mindfulness-Based Cognitive Therapy (MBCT); Acceptance & Integrative Approaches: Upload presentations by 11:59 pm Fri. 11/20
Sat	11/21	KEEP WORKING ON FINAL PAPERS DUE 12/6	VIRTUAL Presentations: MBCT & Integrative Approaches	Interprofessional Simulation Response Paper DUE 11/22 CPT and EMDR presentations uploaded by 12/4 @ 11:59pm
Sat	11/28	No Class		
Sat	12/5		LAKELAND Presentations CPT and EMDR	FINAL OPEN 12/7-12/11 @ 11:59pm
Sat	12/12	FINALS WEEK NO CLASS	FINAL OPEN 12/7-12/11 @ 11:59pm	

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