

SCWK 7002 - Trauma Informed Practices in Social Work

Fall 2026 Syllabus, Section 05, CRN 41495,

Credit hours: 3

Instructor

Sherri Woods

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Public Instructor Information

Instructor Title: Associate Professor

Instructor Professional Qualifications: DMin, LISW-S, EMDR Certified Therapist

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Course Description

7002. Trauma Informed Practices in Social Work. Students will learn about trauma in a way that is relevant to clinical work through a bio-psycho-social-spiritual lens. The course will assist students in developing beginning trauma competency in clinical social work practice by introducing students to the core concepts (general theory and foundational knowledge), informing evidence-based assessment and treatment for trauma-informed care. Strength-based and empowerment practices will be highlighted along with a focus on the identification of protective and promotive factors that foster resiliency and post-traumatic growth. Prereq.: Social Work Majors Only. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required			

Required Texts:

Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. **PDF in Blackboard**

Substance Abuse and Mental Health Services Administration. *Trauma-Informed Care in Behavioral Health Services*. Treatment Improvement Protocol (TIP) Series 57. HHS PublicationNo. (SMA) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. **PDF in Blackboard**

Waelde, L.C. (2022). Mindfulness and meditation in trauma treatment: The inner resources for stress program. The Guilford Press. Waelde, L.C. (2022). Mindfulness and meditation in trauma treatment: The inner resources for stress program. The Guilford Press.

Meltzer, M.S. (2021). Maid. Netflix. <https://www.netflix.com/title/81166770>.

Netflix series required for instructional video. You may utilize the 30 day subscription if you do not have a Netflix subscription.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	TIP pgs 1-22 Waelde 1-20	NICBM Module 1 lecture study guide Samsha Summary Note 9/3	Initial video or audio: 8/28 Response to prompts: 8/30
8/31	Waelde 21-57	NICBM Module 2 lecture study guide 9/7 TIP 57 Summary Note 9/7	Response to prompts: 9/4 Feedback response: 9/6
9/7	TIP pg 23-65 Trauma informed telehealth Waelde 58-84	ICBM Module 3 lecture study guide 9/14 TIP Summary Note 9/14	Initial video or audio: 9/11 Response to prompts: 9/13



9/14	1.Trauma & Stress related disorders 2.Waelde pgs 85-101 3.Intimate partner violence 4.Vicarious trauma fact sheet	NICBM Module 4 lecture study guide Tip 57 Summary note	nitial video or audio: 9/18 Response to prompts: 9/20
9/21	Waelde pgs 102-117	Maid Episode 1 Care Plan and Power note 9/28	Initial video or audio 9/25 Response to prompts 9/27
9/28	Waelde pg 118-132	Maid Episode 2 Care Plan and power note 10/5	Initial video or audio 10/2 Response to Prompts 10/4
10/5	Wadle pg 133-146	Maid Episode 3 Care Plan and power note	Initial video or audio 10/9 Response to prompts 10/11
10/12	Waedle pg 147-158	Maid Episode 4 Care Plan and power note	Initial video or audio 10/16 Response to prompts 10/18
10/26	Waelde pg 159-169	Maid Episode 6 Care Plan and power note	Initial video or audio 10/30 Response to prompts 11/1
11/9	Waelde pg 183-191	Maid Episode 7 Care Plan and power note	Initial video or audio 11/13 Response to prompts 11/15
11/16		Maid Episode 9 Care Plan and power note	Initial post 11/20 Response 11/22
11/23		Maid Episode 10 Care Plan and power note	Self Care Journal 11/29
11/30		Conceptualization Paper 12/2	Self Care Journal 12/6

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.