YSU 1500 - Success Seminar

Fall 2026 Syllabus, Section A01, CRN 41903,

Credit hours: 1

Instructor

Jennifer Skowron

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Public Instructor Information

Instructor Title: Adjunct Faculty

Instructor Professional Qualifications:
M.A., English, Middlebury College, Bread Loaf School of English
B.A., Linguistics, Ohio University

Instructor Office Location: Virtual

Instructor Office Phone: Email communication preferred

Course Description

1500. Success Seminar. This course helps students establish a solid foundation for success at YSU. Students learn the conventions that govern the academic community including what is expected of them and what they are responsible for, skills needed to successfully manage their academic workload, habits of mind that promote resilience, and how to understand and use degree planning tools. Students are also given opportunities to participate in a range of co-curricular activities to enrich their experience, encourage their curiosity, and promote their active engagement in all YSU has to offer. 1 s.h.

Course Readings

Group	Title	Author	ISBN
	No Required Textbook		

Required Course Materials

There is **no required textbook** for this course. All required readings and learning materials are provided at no cost to students through Blackboard. Materials may include open educational resources (OER), articles, videos, and other digital media and are embedded or linked within the appropriate course modules.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	Set Yourself Up for Success Knowing What is Expected	Identifying resources, technology, and connections. Understanding syllabi, student expectations, and academic integrity.	Making College Work for You
8/31	Goal Setting Growth Mindset	Setting specific goals and maintaining motivation to reach them. Using growth mindset to overcome challenges.	What Inspires You
9/7	Finding Your Y From Classroom to Career	Exploring your sense of purpose, belonging, and community to campus. Finding your career pathway during college.	College Student Inventory

9/14	Time Management Test Preparation	Prioritizing tasks and creating efficient schedules. Applying strategies to prepare and reflect on exams.	Mindful Productivity
9/21	Financial Literacy	Understanding budgeting, saving, and building a financial foundation.	My Financial Aid Journey
9/28	Academic Policies	Understanding degree requirements, academic advising, and registration.	Plan Ahead
10/5	Wellness 101	Exploring the importance of sleep, managing stress, and staying safe.	Stress and Coping Strategies

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.