

YSU 1500 - Success Seminar

Fall 2026 Syllabus, Section A03, CRN 44107,

Credit hours: 1

Instructor

Jennifer Skowron

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Public Instructor Information

Instructor Title: Jennifer Skowron

Instructor Professional Qualifications: M.A. in English Language and Literature, Middlebury College

Instructor Office Location: Jones Hall 3029

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Course Description

1500. Success Seminar. This course helps students establish a solid foundation for success at YSU. Students learn the conventions that govern the academic community including what is expected of them and what they are responsible for, skills needed to successfully manage their academic workload, habits of mind that promote resilience, and how to understand and use degree planning tools. Students are also given opportunities to participate in a range of co-curricular activities to enrich their experience, encourage their curiosity, and promote their active engagement in all YSU has to offer. 1 s.h.

Course Readings

Group	Title	Author	ISBN
No Readings			

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
10/19	Set Your Self Up for Success Knowing What is Expected	Identifying resources, technology, and connections. Understanding syllabi, student expectations, and academic integrity.	Making College Work for You
10/26	Goal Setting Growth Mindset	Setting specific goals and maintaining motivation to reach them Using growth mindset to overcome challenges	What Inspires You
11/2	Finding Your Y My Career Pathway	Exploring your sense of purpose, belonging, and community to campus. Finding your career pathway in college.	College Student Inventory
11/9	Time Management Test Preparation	Prioritizing tasks and creating efficient schedules. Applying strategies to prepare and reflect on exams.	Mindful productivity
11/16	Financial Literacy	Understanding budgeting, saving, and building a financial foundation.	My Financial Aid Journey
11/23	Academic Policies	Understanding degree requirements, academic advising, and registration.	Plan Ahead

11/30	Wellness 101	Exploring the importance of sleep, managing stress, and staying safe.	Stress and Coping Strategies
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The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.