

YSU 1500 - Success Seminar

Fall 2026 Syllabus, Section E07, CRN 42523,

Credit hours: 1

Instructor

Stephanie Adams

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Public Instructor Information

Instructor Title: Stephanie Adams

Instructor Professional Qualifications:

Instructor Office Location: Cafaro Hall 308

Instructor Office Phone: 330-941-1535

Course Description

1500. Success Seminar. This course helps students establish a solid foundation for success at YSU. Students learn the conventions that govern the academic community including what is expected of them and what they are responsible for, skills needed to successfully manage their academic workload, habits of mind that promote resilience, and how to understand and use degree planning tools. Students are also given opportunities to participate in a range of co-curricular activities to enrich their experience, encourage their curiosity, and promote their active engagement in all YSU has to offer. 1 s.h.

Course Readings

Group	Title	Author	ISBN
No Readings			

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Reading(s)	Proposed Topic	Due/To Prepare for Class
8/24	Set Your Self Up for Success Knowing What is Expected	Identifying resources, technology, and connections. Understanding syllabi, student expectations, and academic integrity.	Making College Work for You Your Role as a Student
8/31	Goal Setting	Setting specific goals and maintaining motivation to reach them.	College Student Inventory
9/7	Growth Mindset	Using growth mindset to overcome challenges.	Deep Learning Experience
9/14	Finding Your Y	Exploring your sense of purpose, belonging, and community to campus.	PathwayU
9/21	Career Pathways	Completing TILT professional workshop.	My Career Pathway Badge
9/28	Time Management	Prioritizing tasks and creating efficient schedules.	Time Management Strategies
10/5	Test Preparation	Applying strategies to prepare and reflect on exams.	Reflecting on Your Approach
10/12	Academic Policies and Advising	Understanding degree requirements, academic advising, and registration.	Plan Ahead and Advising

10/19	Financial Literacy	Understanding budgeting, saving, and building a financial foundation by completing the Fund Your Life Workshop	My Financial Journey
10/26	Wellness	Exploring the importance of sleep, managing stress, and staying safe.	Stress Reflection
11/2	Mapping Your Next Move	Registration and spring mentoring.	Campus Engagement Reflection and Mid-Year Student Assessment

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.