

COUN 6995 - Trauma and Crisis Counseling

Summer 2026 Syllabus, Section 01, CRN 30186,

Credit hours: 3

Instructor

Jennifer Yensel

Professional Qualifications:

Ph.D., Counselor Education and Supervision, Kent State University

M.Ed. Community Counseling, Kent State University

B.S. Therapeutic Recreation, Kent State University

B.A. Psychology, Kent State University

Principal Lecturer

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Communication Expectations:

Additional appointments scheduled as requested.

How to Refer to me:

Dr. Yensel

Course Description

6995. Trauma and Crisis Counseling. This course features an overview of the impact of traumatic events and crises on individuals, families, and communities. Models and theories of intervention and response are addressed. The psychological impacts and needs of those who have experienced diverse trauma experiences will be examined (e.g., victims of child abuse, interpersonal partner violence, sexual assault). Contemporary issues associated with trauma and crisis counseling will be explored (e.g., crisis assessment, vicarious trauma and countertransference, cultural and legal/ethics issues related to trauma counseling). 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Briere, J., & Scott, C. (2014).		

Briere, J., & Scott, C. (2014). Principles of trauma therapy: A guide to symptoms, evaluation, and treatment (2nd ed.). Sage.

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Day	Date	Reading(s)	Proposed Topic	Due/To Prepare for Class
Tue	6/30	Trippany et al. (2004)	Course Orientation Vicarious Trauma, Self-Care, and Wellness	



Thu	7/2	Briere & Scott (2014) - Chapters 1, 2	What is Trauma? Trauma Effects, Consequences, and Indicators
Tue	7/7	Briere & Scott (2014) – Chapter 3	Assessing and Diagnosing PTSD Complex Trauma
Thu	7/9	Briere & Scott (2014) – Chapters 4, 5 Kress and Paylo (2019) – Chapter 7	Central Issues in Trauma Treatment Trauma-Informed Care Trauma and Psychoeducation
Tue	7/14	Briere & Scott (2014) – Chapter 6	Distress Reduction and Affect Regulation Training DBT in Safety Stage Trauma Recovery Emotional Regulation/Distress Tolerance Interventions
Thu	7/16	Briere & Scott (2014) – Chapter 7 Briere & Scott (2014) – Chapter 8	Cognitive Interventions Cognitive Processing Therapy Emotion Processing Prolonged Exposure Therapy Additional Exposure-based Interventions
Tue	7/21	Siegel (2001) Siegel (2006) Quiz 1 opened at end of class. Due by 7/23 at 3:00 p.m.	EMDR Therapy in Practice Psychobiology of Trauma
Thu	7/23	Briere & Scott (2014) – Chapter 9	Mindfulness in Trauma Treatment
Tue	7/28	Briere & Scott (2014) – Chapter 10 Research Synthesis Poster Presentations	Psychopharmacology in Trauma Working with Military Population
Thu	7/30	Briere & Scott (2014) – Chapter 12 Emotion Processing Intervention Due	Increasing Identity and Relational Functioning Interpersonal Effectiveness Interventions
Tue	8/4	Briere & Scott (2014) – Chapter 11 James & Gilliland (2016) – Chapters 1 and 3 Pfefferbaum et al. (2014) Online Trauma/Crisis Training Due Herman Book Review Due	Sexual Assault on Campus/Title IX Disaster and Trauma Responses
Thu	8/6	Kress et al. (2008) Paylo et al. (2014) Creative Intervention Demonstration Due (in class presentations) Quiz 2 released after class	Trauma Informed Creative Counseling

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.