

# NURS 7045 - Family Nurse Practitioner 1

## Summer 2026 Syllabus, Section A03, CRN 30355,

Credit hours: 3

## Instructor

**Wendy Thomas**

Professional Qualifications:

Professional Qualifications:

DNP, Nursing Leadership, Carlow University, 2024

Post Master's Certificate Family Nurse Practitioner Track, 2016

Master's, of Science in Nursing, Youngstown State University , 2012

Bachelor's, Nursing, Youngstown State University, 1994

Senior Lecturer

Email: [wmthomas@ysu.edu](mailto:wmthomas@ysu.edu)

Office: Cushwa 3313

Office Phone: 330-941-2638

Additional Contact Methods:

Student Support Hours: Mondays 7pm-9pm, Wednesdays 12pm-1pm, Fridays 7am-9am.

<https://ysu.webex.com/ysu/j.php?MTID=mf3509fc167cf893c43106f13f6ab10d6>

Preferred Contact Method: Email

Communication Expectations:

Response within 48 business hours.

How to Refer to me:

Dr. Thomas

## Course Description

7045. Family Nurse Practitioner 1. Knowledge, skills, and professional behaviors required to provide comprehensive and holistic primary care to a culturally diverse population across the lifespan. Emphasis is on health promotion, health maintenance, and management of common health problems pertaining to children, adolescents, gynecological, reproductive, and family centered primary care with an emphasis on physical assessment findings for determining and planning of patient care needs. Prereq.: NURS 6904, NURS 6917, NURS 6918, NURS 7003. 3 s.h.

## Course Readings

| Group    | Title                                                            | Author                                                                                                             | ISBN           |
|----------|------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------|
| Required | Primary Care: Interprofessional Collaborative Practice (7th Ed). | Buttaro, T., Polgar-Bailey, P., Sandberg-Cook, J., Trybulsiki, J., Dick, J., Montgomery, K., & Justin, B., (2024). | 978-0323935845 |

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.



## Schedule of Topics and Assignments

| Week of | Reading(s)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Proposed Topic                                                                                                                         | Due/To Prepare for Class                                                                                                                                                                                              |
|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 5/11    | <ul style="list-style-type: none"><li>• Review the orientation modules 7 &amp; 8. • • Readings: Buttaro Primary Care • • Chapter 135 Testicular Disorders Pages 863-870. Refer to the chart on page *867* • Chapter 134 Sexual Dysfunction Pages 856-863. • Chapter 130 Prostate Cancer Pages 833-836. • Chapter 131 Prostate cancer &amp; Prostatic Hyperplasia (Benign)Page 636. Media ED Testicular Issues PowerPoints Chapter 135, 134, 130, 131 Quiz 1 due Sunday week 1 All the content including the orientation module is quizzable content.</li></ul>                                                                                                                                                                                                                                                                           | Men's Health                                                                                                                           | Quiz Due by Sunday 11:59pm                                                                                                                                                                                            |
| 5/18    | <p>Readings: Buttaro Primary Care • Chapter 18, Health Promotion; Rewilding Wellness: An integrated Perspective.pages:151-158. • Chapter 137 Sexually Transmitted Infections. Pages 882-895. Refer to the charts on pages *885-888* &amp; Treatments *889*. (Pay attention to the causative organisms for each STI). • Chapter 227 Evaluation and Management of Mental Health Disorders: Anxiety. Pages 1503-1508. • Chapter 228 Mood Disorders Pages 1509-1515. Refer to the chart on page 1515. Suicide Screening 228.2 &amp; 228.3 (Box) Refer to mental health. • Chapter 229 Substance Use Disorder. Pages 1516- 1538. Refer to the Audit tool on page 1524. • Chapter 230 Other Mental Disorders. Pages 1540- 1550. • Websites to review for assignment: • CDC vaccination Schedule for 19 and older • USPTF Screening by age.</p> | Sexually Transmitted Diseases<br>Adult Vaccines<br>Men's Health                                                                        | Discussion Board Initial Post Due by Wednesday at 11:59 pm and Replies Due by Sunday at 11:59 pm. Assignment 1-STD due Wednesday at 11:59 pm. Test #1 Covering Module 1 and 2 Due by Wednesday of Week 3 by 11:59 pm. |
| 5/25    | <p>Readings: Burns Pediatric Primary Care • Chapters 1 – 13 Pages 1-170 • Chapters 16,17,18 Pages 206-264. Pages 106, 107,108 Infant growth and development Page 122 Fine gross motor development, milestones for early childhood. PowerPoints 1-13, 16-18, Website Readings • CDC Growth charts Clinical charts with 5th and 95th percentiles • Dietary Recommendations for Children and Adolescents • AAP Schedule of Well-Child Visits • Milestones Matter: 10 to Watch for by Age 5 • BMI Calculator Anthropometric Measurements</p>                                                                                                                                                                                                                                                                                                 | Influences on Child's Health<br>Child's Health Assessment                                                                              | Assignment -Case Study Well Child Visit Due Wednesday at 11:59 pm. Module 3 Quiz Due by Sunday at 11:59 pm.                                                                                                           |
| 6/1     | <p>Readings: • Readings: Burns Pediatric Primary Care: Chapters 14, 15 Pages171-205. • Chapters 19, 20, 21, 22, 23 Pages 265-328. Chapter 25 Pages345 -364. Website readings: • CDC Immunization Schedule birth-18 years • Well Visits: Patient and Parent EducationMedia: Posted in module 4 PowerPoint Lecture Burn's Chapters 14, 15, 19, 20, 21, 22,23,25</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Child Health Supervision: Health Promotion and Health Protection; Legal and in principals in decision making in Pediatric Primary Care | Discussion Board Initial Post Due by Wednesday at 11:59 pm and Replies Due Sunday at 11:59 pm. Test #2 Covering Module 3 & 4 Due by Wednesday week 5 at 11:59 pm.                                                     |



|      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                     |                                                                                                                                                                                                                            |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6/8  | Readings: Buttaro Primary Care - • Chapter 139 Amenorrhea Pages 901-906. • Chapter 140 Bartholin gland Cyst/Abscess Pages 906-909. • Chapter 141 Breast Disorders Pages 909-919. • Chapter 142 Chronic Pelvic Pain Pages 920-925. • Chapter 144 Dysmenorrhea Pages 931-934. • Chapter 145 Dyspareunia Pages 934-937. • Chapter 146 Ectopic Pregnancy Pages 937-943. • Chapter 147 Fertility Control Pages 944-951. • Chapter 148 Genital Tract Cancers Pages 951-958. • Chapter 150 Menopause Pages 965-983. • Chapter 152 Pelvic Inflammatory Disease Pages 989-994. • Chapter 153 Sexual Dysfunction (female) Pages 994-998. • Chapter 154 Unplanned Pregnancy Pages 999-1007. • Chapter 155 Vulvar and Vaginal Disorders Pages 1008-1020. PowerPoint Lecture Chapters- Chapters 139, 140, 141, 142, 144, 145, 146, 147, 148, 150, 152, 153, 154, 155 Media: Menstrual Cycle, You Tube video Pregnancy, You Tube Video. | Wellness, health promotion and disease prevention in women across the lifespan<br>Contraceptive Methods / The Menstrual Cycle/ Pregnancy/ Menopause | Assignment Teaching Learning Handout<br>Due Wednesday at 11:59 pm. Module 5 QUIZ<br>Due Sunday 11:59 pm                                                                                                                    |
| 6/15 | Readings: Buttaro Primary Care- • Chapter 143 Abnormal Bleeding Pages 925-930. • Chapter 149 Infertility Pages 959-964. • Chapter 151 Cervical Cancer Screening and Abnormalities Pages 984-989. • Chapter 165 Metabolic Bone Disease: Osteoporosis and Paget Disease of the bone Pages 1080-1089. • Chapter 34 Sexual Assault page 251. • PowerPoint Lecture Chapter • Chapter 34, 143, 149, 151 Media SANE video                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Health Promotion and Screenings, Abnormal bleeding, Infertility, Osteoporosis, Domestic Violence/Sexual Assault                                     | Discussion Board Initial Post Due Wednesday at 11:59 pm and Replies are due Sunday at 11:59 pm. Test #3 Over Module 5 & 6 on-line bb due by Wednesday week 7                                                               |
| 6/22 | Review peers Power Points                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Men's Health<br>Children's/Pediatric Health<br>Women's Health                                                                                       | Assignment: Narrated Case Study Presentation Due Saturday at 11:59 pm.<br>Initial Post Due Wednesday at 11:59 pm and Replies are Due by FRIDAY at 11:59 pm.<br><br>Evaluations for the Course Due by Saturday at 11:59 pm. |

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.