

PSYC 3775 - Personality

Summer 2026 Syllabus, Section 01, CRN 30993,

Credit hours: 3

Instructor

Dr. David Fruehstorfer

Professional Qualifications:

Ph.D., Experimental (Health) Psychology, Kent State University

M.A., Experimental (Health) Psychology, Kent State University

M.Ed., Clinical Mental Health Counseling, Kent State University

B.A., Psychology, Kent State University

Senior Lecturer

Email: dbfruehstorfer@ysu.edu

Office: 3211 Beeghly Hall

Office Phone: 330.941.3276

Preferred Contact Method: Email is the best way to contact me.

Communication Expectations:

Please use your YSU email address to assure that the your email doesn't mistakenly get flagged as "junk" or "spam".

How to Refer to me:

he/him/professor/doctor

Course Description

3775. Personality. A critical overview of the major personality theories and theorists in the field of psychology, their application to the understanding of everyday life and a description of the pertinent research applicable to the evaluation of personality theories. Prereq.: PSYC 1560. 3 s.h.

Course Readings

Group	Title	Author	ISBN
Required	Theories of Personality (10th edition)	Feist, G.J., Roberts, T-A., and Feist, J.	9781264453900

[McGraw-Hill Education Connect® access](#) should be included with your eBook and is required material for successfully completing this course.

- If you purchase a used textbook you will still need to purchase your own Connect access code. (Available at the bookstore)
- You must register for Connect [within Blackboard](#).
- You may choose to add a loose-leaf copy of the text through McGraw Hill if you would like (this can be purchased anytime throughout the semester but is not required).

The course readings are subject to change in the event of extenuating circumstances, research developments, current events, and/or to ensure better learning.

Schedule of Topics and Assignments

Week of	Proposed Topic	Due/To Prepare for Class
5/11		Due 5/13 at 10:59pm: Syllabus Quiz Ch. 01 (Intro) Quiz Chapter 01 - Intro to Personality

5/18	Due 5/17 at 10:59pm: Ch. 2 (Freud) Quiz Chapter 02 - Freud: Psychoanalysis Due 5/17 before 10:59:09pm: Module 1: Discussion Due 5/20 at 10:59pm: Ch. 3 (Adler) Quiz Chapter 3 - Adler: Individual Psychology
5/25	Due 5/24 at 10:59pm: Ch 4. (Jung) Quiz Chapter 4 - Jung: Analytic Psychology Due 5/24 before 10:59:25pm: Module 2: Discussion Due 5/27 at 10:59pm: Ch. 6 (Horney) Quiz Chapter 6 - Horney: Psychoanalytic Social Theory Due 5/29 at 10:59pm: Ch. 7 (Erikson) Quiz Chapter 7 - Erikson: Post-Freudian Theory
6/1	Due 5/31 before 10:59:31pm: Module 3: Discussion Due 6/3 at 10:59pm: Ch. 9 (Maslow) Quiz Chapter 9 - Maslow: Holistic-Dynamic Theory
6/8	Due 6/7 at 10:59pm: Ch. 10 (Rogers) Quiz Chapter 10 - Rogers: Person-Centered Theory Due 6/7 before 10:59:48pm: Module 4: Discussion Due 6/10 at 10:59pm: Ch 12. (Allport) Quiz Chapter 12 - Allport: Psychology of the Individual
6/15	Due 6/14 at 10:59pm: Ch. 13 (McCrae & Costa) Quiz Chapter 13 - McCrae & Costa: Five-Factor Trait Theory Due 6/14 before 10:59:44pm: Module 5: Discussion Due 6/17 at 10:59pm: Ch. 14 (Eysenck) Quiz Chapter 14 - Eysenck: Biologically-based Factor Theory
6/22	Due 6/21 at 10:59pm: Ch. 17 (Bandura) Quiz Chapter 17 - Bandura: Social Cognitive Theory Due 6/21 before 10:59:28pm: Module 6: Discussion Due 6/24 at 10:59pm: Chapter 18 - Rotter and Mischel: Cognitive Social Learning Theory Ch. 18 (Rotter and Mischel) Quiz Due 6/28 before 11 pm: Module 7: Discussion Due 6/28 at 10:59pm: Chapter 19 - Kelly: Psychology of Personal Constructs Ch. 19 (Kelly) Quiz Chapter 5 - Klein: Object Relations Theory - Bonus SmartBook Chapter 8 - Fromm: Humanistic Psychoanalysis - Bonus SmartBook Chapter 11 - May: Existential Psychology - Bonus SmartBook Chapter 16 - Skinner: Behavioral Analysis - Bonus SmartBook

The course schedule, policies, procedures, and assignments in this course are subject to change in the event of extenuating circumstances, by mutual agreement, and/or to ensure better learning.