BACHELOR OF ARTS IN RELIGIOUS STUDIES, PRE-COUNSELING TRACKS

Pre-Counseling Tracks
The pre-counseling tracks in philosophy and in religious studies are designed to provide core knowledge and basic skills to philosophy and religious studies majors who are considering graduate work in counseling, mental health and other service-based professions. Courses are designed to promote:

- self-awareness
- effective decision-making skills
- development of positive character traits
- core knowledge of historical philosophical ideas and religious and cultural practices
- a deep understanding of rights and responsibilities in relationships across a wide range of contexts and settings

### COURSE TITLE S.H.

#### General Education Requirements

**Core Competencies**

- ENGL 1550 Writing 1 3-4
  - or ENGL 1549 Writing 1 with Support
- ENGL 1551 Writing 2 3
- CMST 1545 Communication Foundations 3

**Mathematics Requirement**

- 3

**Knowledge Domains**

**Arts and Humanities (6 s.h.)**

- 6

**Natural Sciences (2 courses, 1 with lab) (6-7 s.h.)**

- 7

**Social Science (6 s.h.)**

- 3

**PSYC 1560 General Psychology**

- 3

**Social Science elective**

- 3

**Social and Personal Awareness (6 s.h.)**

- 3

**COUN 1587 Introduction to Health and Wellness in Contemporary Society**

- 3

**SPA elective**

- 3

**First-Year Experience**

- 3

**FNLG 1550 Elementary Foreign Language**

- 4

**FNLG 2600 Intermediate Foreign Language**

- 4

**Major Requirements**

- 3

**REL 2601 Introduction to World Religions**

- 3

**REL 2608 The Examined Life**

- 3

**History of Religion**

Select two of the following: 6

- REL 3708 African-American Religion
- REL 3710 African and Neo-African Religion
- REL 3720 The World of Islam
- REL 3722 Popes Saints and Rebels
- REL 3726 Buddhist Beliefs Practices and Debate
- REL 3728 Hindu Traditions
- REL 3740 Muslim Thinkers and Mystics
- REL 3743 Reform, Revolt, or Revolution in Islam
- REL 3744 Islamic Culture and Literature

**Methodologies in the Study of Religion**

Select two of the following: 6

- REL 3712 Philosophy of Religion
- REL 3750 Religion and Race
- REL 3751 Liberation Theologies and Revolutionary Change
- REL 3753 Religion and Violence
- REL 3754 Feminism, Ecology and Religion
- REL 3756 Psychology of Religion
- REL 4825 Methods and Study of Religion
- ANTH 4815 Anthropology of Religion

**Scriptural Studies**

Select one of the following: 3

- REL 3731 Hebrew Scriptures
- REL 3732 Jesus and the Gospels
- REL 3733 Women And The Bible

**Religious Studies**

All of the following: 7

- REL 4850 Seminar in Religious Studies
- REL 4869 Capstone Cooperative Seminar
- REL 4871 Senior Capstone Project

Select remaining hours in Religious Studies. 1

**Pre-Counseling Track**

**Required Electives:**

- PHIL 1561 Technology and Human Values 3
- PSYC 3702 Abnormal Psychology 3
- PSYC 3775 Personality 3
- PSYC 4800 Introduction to Psychotherapy 3
- COUN 2650 Foundations of Helping Skills for Allied Health Professionals 3

**Minor**

- 18

**University Electives**

- 14

**Total Semester Hours**

- 123-124

1 It is assumed that the remaining hours will be selected in religious studies. In some cases, courses outside religious studies may be accepted as part of the religious studies major if they deepen the student’s understanding of religion. All such courses must have the approval of the chair.

### Year 1

**Fall**

**REL 2601 Introduction to World Religions**

- 3

**CMST 1545 Communication Foundations**

- 3

**ENGL 1550 or ENGL 1549 Writing 1 or Writing 1 with Support**

- 3-4

**First Year Experience**

- 3

**FNLG 1550 Elementary Foreign Language**

- 4

**Semester Hours**

- 16-17

**Spring**

**REL 2608 The Examined Life**

- 3

**PSYC 1560 General Psychology**

- 3

**ENGL 1551 Writing 2**

- 3

**COUN 1587 Introduction to Health and Wellness in Contemporary Society**

- 3

**FNLG 2600 Intermediate Foreign Language**

- 4

**Semester Hours**

- 16
Year 2

Fall

PHIL 2619  Introduction to Logic 3
or MATH 2623  or Quantitative Reasoning
Natural Science 15XX/26XX 3
Social and Personal Awareness 15XX/26XX 3
PSYC 3702  Abnormal Psychology 3
Select one of the following: 3
REL 2621  Religion and Moral Issues 3
or PHIL 2625  or Introduction to Professional Ethics
PHIL 3711  General Ethics 3
or PHIL 3725  or Biomedical Ethics

Semester Hours 15

Spring

PHIL 1561  Technology and Human Values 3
REL 2605  Myth, Symbol, and Ritual 3
Natural Science plus lab 15XX/26XX 4
PSYC 3775  Personality 3
Select one of the following: 3
REL 3708  African-American Religion 3
REL 3720  The World of Islam 3
REL 3722  Popes Saints and Rebels 3
REL 3726  Buddhist Beliefs Practices and Debate 3
ANTH 4815  Anthropology of Religion 3

Semester Hours 16

Year 3

Fall

PSYC 4800  Introduction to Psychotherapy 3
Social Science General Education 3
REL 4850  Seminar in Religious Studies 3
Elective 37XX 3
Select one of the following: 3
REL 3751  Liberation Theologies and Revolutionary Change 3
REL 3754  Feminism, Ecology and Religion 3
REL 3756  Psychology of Religion 3

Semester Hours 15

Spring

COUN 2650  Foundations of Helping Skills for Allied Health Professionals 3
Elective 15XX/26XX 3
Elective 37XX 3
Elective 37XX 3
Select one of the following: 3
REL 3708  African-American Religion 3
REL 3720  The World of Islam 3
REL 3722  Popes Saints and Rebels 3
REL 3726  Buddhist Beliefs Practices and Debate 3
ANTH 4815  Anthropology of Religion 3

Semester Hours 15

Year 4

Fall

Elective 15XX/26XX 3
Elective 15XX/26XX 3
Elective 37XX 3
Elective 37XX 3

Learning Objectives

PRE-COUNSELING OBJECTIVES

• The student will competently analyze and critically evaluate his/her own beliefs and the beliefs and traditions of others.
• The student will master the basics of theoretical writing, including the development of precise definitions, effective analysis of texts, traditions, and theoretical positions, and effective development, defense, and critique of arguments.
• The student will exhibit knowledge of religious traditions and rituals, as well as cultural practices, beliefs, and values that guide behavior, decision-making, and social policy, and will demonstrate understanding of this diversity and skill in using this knowledge as a reference for understanding others.
• The student will exhibit a detailed understanding of personal yet timeless questions about spirituality, life after death, ethics, personal relationships, and well-being, and will competently use this knowledge to help others address similar questions and concerns.