Pre-Counseling Tracks

The pre-counseling tracks in philosophy and in religious studies are designed to provide core knowledge and basic skills to philosophy and religious studies majors who are considering graduate work in counseling, mental health and other service-based professions. Courses are designed to promote:

- self-awareness
- effective decision-making skills
- development of positive character traits
- core knowledge of historical philosophical ideas and religious and cultural practices
- a deep understanding of rights and responsibilities in relationships across a wide range of contexts and settings

### COURSE TITLE S.H.

#### General Education Requirements

<table>
<thead>
<tr>
<th>Core Competencies</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1550</td>
<td>Writing 1</td>
</tr>
<tr>
<td>ENGL 1551</td>
<td>Writing 2</td>
</tr>
<tr>
<td>CMST 1545</td>
<td>Communication Foundations</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Mathematics Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts and Humanities</td>
</tr>
<tr>
<td>Natural Sciences</td>
</tr>
<tr>
<td>Social Science</td>
</tr>
<tr>
<td>Social and Personal Awareness</td>
</tr>
<tr>
<td>First-Year Experience</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Major Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>REL 2601</td>
</tr>
<tr>
<td>REL 2608</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>History of Religion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Select two of the following:</td>
</tr>
<tr>
<td>REL 3708</td>
</tr>
<tr>
<td>REL 3710</td>
</tr>
<tr>
<td>REL 3720</td>
</tr>
<tr>
<td>REL 3722</td>
</tr>
<tr>
<td>REL 3726</td>
</tr>
<tr>
<td>REL 3728</td>
</tr>
<tr>
<td>REL 3740</td>
</tr>
<tr>
<td>REL 3743</td>
</tr>
<tr>
<td>REL 3744</td>
</tr>
</tbody>
</table>

### Methodologies in the Study of Religion

Select two of the following: |

- REL 3712 Philosophy of Religion
- REL 3750 Religion and Race
- REL 3751 Liberation Theologies and Revolutionary Change
- REL 3753 Religion and Violence
- REL 3754 Feminism, Ecology and Religion
- REL 4825 Methods and Study of Religion
- ANTH 4815 Anthropology of Religion

### Religious Studies

<table>
<thead>
<tr>
<th>All of the following:</th>
</tr>
</thead>
<tbody>
<tr>
<td>REL 4850 Seminar in Religious Studies</td>
</tr>
<tr>
<td>REL 4869 Capstone Cooperative Seminar</td>
</tr>
<tr>
<td>REL 4871 Senior Capstone Project</td>
</tr>
</tbody>
</table>

Select remaining hours in Religious Studies. 1

### Pre-Counseling Track

#### General Education Requirements Prerequisites:

| COUN 1587 | Introduction to Health and Wellness in Contemporary Society |
| PSYC 1560 | General Psychology |

<table>
<thead>
<tr>
<th>Required Electives:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHIL 1561 Technology and Human Values</td>
</tr>
<tr>
<td>PSYC 3702 Abnormal Psychology</td>
</tr>
<tr>
<td>PSYC 3775 Personality</td>
</tr>
<tr>
<td>PSYC 4800 Introduction to Psychotherapy</td>
</tr>
<tr>
<td>COUN 2650 Foundations of Helping Skills for Allied Health Professionals</td>
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</table>

<table>
<thead>
<tr>
<th>Minor</th>
</tr>
</thead>
<tbody>
<tr>
<td>18</td>
</tr>
</tbody>
</table>

#### University Electives |

| 14 |

| Total Semester Hours |
| 120 |

1 It is assumed that the remaining hours will be selected in religious studies. In some cases, courses outside religious studies may be accepted as part of the religious studies major if they deepen the student’s understanding of religion. All such courses must have the approval of the chair.

### Year 1

#### Fall

<table>
<thead>
<tr>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>REL 2601 Introduction to World Religions 3</td>
</tr>
<tr>
<td>CMST 1545 Communication Foundations 3</td>
</tr>
<tr>
<td>ENGL 1550 Writing 1 3</td>
</tr>
<tr>
<td>First Year Experience 3</td>
</tr>
<tr>
<td>FNGL 1550 Elementar Foreign Language 4</td>
</tr>
</tbody>
</table>

| Semester Hours |
| 16 |

#### Spring

<table>
<thead>
<tr>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>REL 2608 The Examined Life 3</td>
</tr>
<tr>
<td>PSYC 1560 General Psychology 3</td>
</tr>
<tr>
<td>ENGL 1551 Writing 2 3</td>
</tr>
<tr>
<td>COUN 1587 Introduction to Health and Wellness in Contemporary Society 3</td>
</tr>
<tr>
<td>FNGL 2600 Intermediate Foreign Language 4</td>
</tr>
</tbody>
</table>

| Semester Hours |
| 16 |

### Year 2

#### Fall

<table>
<thead>
<tr>
<th>S.H.</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHIL 2619 Introduction to Logic 3</td>
</tr>
<tr>
<td>or MATH 2623 or Quantitative Reasoning</td>
</tr>
<tr>
<td>Natural Science 15XX/26XX 3</td>
</tr>
<tr>
<td>Social and Personal Awareness 15XX/26XX 3</td>
</tr>
<tr>
<td>PSYC 3702 Abnormal Psychology 3</td>
</tr>
</tbody>
</table>

Select one of the following: 3

| REL 2621 Religion and Moral Issues |
| PHIL 2625 Introduction to Professional Ethics |

Select one of the following: 3

| REL 2621 Religion and Moral Issues 3 |
| PHIL 2625 Introduction to Professional Ethics 3 |
Bachelor of Arts in Religious Studies, Pre-Counseling Tracks

<table>
<thead>
<tr>
<th>PHIL 3711 or PHIL 3725</th>
<th>General Ethics or Biomedical Ethics</th>
<th>3</th>
</tr>
</thead>
</table>

**Semester Hours** 15

**Spring**
- **PHIL 1561** Technology and Human Values 3
- **REL 2605** Myth, Symbol, and Ritual 3
- Natural Science plus lab 15XX/26XX 4
- **PSYC 3775** Personality 3
- Select one of the following: 3
  - **REL 3708** African-American Religion 3
  - **REL 3720** The World of Islam 3
  - **REL 3722** Popes Saints and Rebels 3
  - **REL 3726** Buddhist Beliefs Practices and Debate 3
  - **ANTH 4815** Anthropology of Religion 3

**Year 3**

**Fall**
- **PSYC 4800** Introduction to Psychotherapy 3
- Social Science General Education 3
- **REL 4850** Seminar in Religious Studies 3
- Elective 37XX 3
- Select one of the following: 3
  - **REL 3751** Liberation Theologies and Revolutionary Change 3
  - **REL 3754** Feminism, Ecology and Religion 3
  - **REL 3756** Psychology of Religion 3

**Semester Hours** 15

**Spring**
- **COUN 2650** Foundations of Helping Skills for Allied Health Professionals 3
- Elective 15XX/26XX 3
- Elective 37XX 3
- Elective 37XX 3
- Select one of the following: 3
  - **REL 3708** African-American Religion 3
  - **REL 3720** The World of Islam 3
  - **REL 3722** Popes Saints and Rebels 3
  - **REL 3726** Buddhist Beliefs Practices and Debate 3
  - **ANTH 4815** Anthropology of Religion 3

**Semester Hours** 15

**Year 4**

**Fall**
- Elective 15XX/26XX 3
- Elective 15XX/26XX 3
- Elective 37XX 3
- Elective 37XX 3
- Elective 37XX 3

**Semester Hours** 15

**Spring**
- **REL 4871** Senior Capstone Project 3
- **REL 4869** Capstone Cooperative Seminar 1
- Elective 15XX/26XX 3
- Elective 37XX 3
- Elective 37XX 3

**Semester Hours** 13

**Total Semester Hours** 121

**Learning Objectives**

**PRE-COUNSELING OBJECTIVES**

- The student will competently analyze and critically evaluate his/her own beliefs and the beliefs and traditions of others.
- The student will master the basics of theoretical writing, including the development of precise definitions, effective analysis of texts, traditions, and theoretical positions, and effective development, defense, and critique of arguments.
- The student will exhibit knowledge of religious traditions and rituals, as well as cultural practices, beliefs, and values that guide behavior, decision-making, and social policy, and will demonstrate understanding of this diversity and skill in using this knowledge as a reference for understanding others.
- The student will exhibit a detailed understanding of personal yet timeless questions about spirituality, life after death, ethics, personal relationships, and well-being, and will competently use this knowledge to help others address similar questions and concerns.